

The 25th HERBERT'S HOLE CHALLENGE

Sunday 19th November 2017

Organised by Chiltern Harriers

Sponsored by

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POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
1	1		BEEDELL, Simon	Woodford Green AC	Senior Men	37:11	1 st Man
2	2		HUGHES, Nick	Chiltern Harriers AC	M40	37:51	2 nd Man
3	3		DAVIDSON, Aran	Chiltern Harriers AC	Senior Men	39:32	3 rd Man
4	4		COLES, Richard	Gade Valley Harriers	M40	39:52	M40
5	5		STEEL, Nick	Ealing, Southall & Middlesex	Senior Men	40:00	
6	6		MILES, Jack		Senior Men	40:43	
7	7		MARTIN, Dermot	Bearbrook RC	M40	41:00	
8	8		MARRIS, Joel		Senior Men	41:31	
9	9		ROBERTS, Jonathan	Gade Valley Harriers	M40	41:41	
10	10		GILBERT, Brendon	Handy Cross Runners	M40	41:52	
11	11		BIRNIE, James	Gade Valley Harriers	M40	41:59	
12	12		NORRIS, Stephen	Thames Valley Harriers	M40	42:00	
13		1	RENNIE, Kate	Dacorum & Tring	F35	42:09	1 st Woman
14	13		ROBERTS, Steve	Handy Cross Runners	M50	42:27	M50
15		2	HALLISSEY, Claire	Dacorum & Tring	Senior Women	42:37	2 nd Woman
16	14		WOOLLETT, Guy	Gade Valley Harriers	M40	42:57	
17	15		TURNER, Neil		M40	43:07	
18	16		KENCROFT, Mark	Ealing, Southall & Middlesex	M50	43:33	
19	17		JACKSON, Simon	Chiltern Harriers AC	M40	43:44	
20	18		GOWERS, Mark	Billericay Striders	M50	43:54	
21	19		NEWLAND, Jason		M40	44:07	
22	20		WARD, Sam		Senior Men	44:29	
23	21		WILLCOX, Anthony	Gade Valley Harriers	Senior Men	44:30	
24	22		O'GRADY, John	Chiltern Tri	M50	44:33	
25		3	NKOANE, Rebecca	Chiltern Harriers AC	F35	44:43	3 rd Woman
26	23		BRAYBROOK, Colin	St Albans Striders	M50	45:11	
27	24		BATES, Ben	Focusrite Flyers (F)	Senior Men	45:15	
28	25		FLETCHER, Robert	Tring RC	M40	45:36	
29	26		PRITCHARD, Ted		M40	45:46	
30	27		BREINGAN, David	Chiltern Harriers AC	M50	45:47	
31	28		WORSFOLD, Mike	Chiltern Harriers AC	M40	46:16	
32	29		MYATT, Paul		M40	46:18	
33	30		COOPER, Lewis		Senior Men	46:21	
34	31		POWELL, Thomas	Chiltern Harriers AC	Senior Men	46:22	
35	32		LEMON, Mike	Bearbrook RC	M50	46:30	
36	33		BATES, Neil	Chiltern Harriers AC	Senior Men	46:34	
37	34		BATEMAN, Peter		M40	46:34	
38	35		MARTIN, Ben	Chiltern Harriers AC	M40	46:43	
39	36		STANDEN, Mark		Senior Men	46:54	
40	37		BIRD, Gareth	Leighton Buzzard AC	M40	47:02	
41	38		BEAMISH, Antony	Gade Valley Harriers	Senior Men	47:10	
42		4	TRUSSER, Angela	Watford Harriers	F35	47:26	F35
43	39		JONES, Matthew		M40	47:30	
44	40		WALLIS, Simon	Gade Valley Harriers	M40	47:42	
45	41		GOODMAN, David	Gade Valley Harriers	M40	47:52	
46	42		BOOTH, Elliott		Junior Men	48:00	Junior Man
47		5	BATES, Ellie	Chiltern Harriers AC	Senior Women	48:03	
48	43		BUCKINGHAM, Daniel	Chiltern Harriers AC	M40	48:04	
49		6	STERN, Keira	St Albans AC	Junior Women	48:08	Junior Woman
50	44		NOEL, Joe	Focusrite Flyers (F)	Senior Men	48:12	
51	45		WOOLSEY, Malcolm	Ealing, Southall & Middlesex	Senior Men	48:14	
52	46		WALKER, Andrew		M40	48:15	
53	47		CONWAY, Simon	Chiltern Harriers AC	M40	48:17	
54	48		WHITAKER, Grant	Chiltern Harriers AC	M50	48:20	
55		7	COWPER, Shona	Ealing, Southall & Middlesex	Senior Women	48:23	
56		8	KENNEDY, Fiona	Ealing, Southall & Middlesex	F55	48:24	F55
57	49		BAILEY, Michael		M40	48:29	
58	50		BOOTH, Nicholas		M50	48:30	
59	51		LAWSON, Ian	Chiltern Harriers AC	M40	48:37	

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
60	52		HEWLETT, Russ		M40	48:38	
61	53		LIVERSEDGE, Dom		M40	48:45	
62	54		GOODENOUGH, David		M50	48:45	
63	55		BIRCH, Ian	Metros	M60	48:52	M60
64	56		HOOPER, Marcus	St Albans Striders	M40	48:53	
65	57		VEAL, Dominic	Tring RC	M40	49:12	
66	58		WRIGHT, Ed	Chiltern Harriers AC	M40	49:26	
67	59		HALLETT, Tom	Tring RC	M40	49:31	
68	60		BUTTLEMAN, Jim	Leighton Fun Runners	M50	49:38	
69	61		GREGORY, Brian	Chiltern Harriers AC	M40	49:40	
70		9	HALLAS, Natalie	Chiltern Harriers AC	F35	49:42	
71	62		KORINEK, Mark		M40	49:48	
72	63		KLIKIS, Pani	Chiltern Harriers AC	M50	49:51	
73	64		BUCKLEY, Phil		M40	49:53	
74	65		HOGG, Adrian	Focusrite Flyers (F)	Senior Men	49:58	
75		10	MCDONNELL, Claire	Gade Valley Harriers	F45	50:03	F45
76	66		GOORNEY, Richard	Watford Harriers	M40	50:11	
77	67		BRADLEY, Mikk	Watford Harriers	M60	50:16	
78	68		LOWE, Simon		M50	50:22	
79	69		REED, Rory		M50	50:23	
80		11	LOACH, Kate	Chiltern Harriers AC	F55	50:29	
81	70		HUGHES-MORGAN, Parry		M50	50:35	
82		12	CHOLAWO, Helen		Senior Women	50:39	
83	71		DURSTON, Jim	South West Road Runners	M50	50:54	
84	72		CUNNINGTON, Ian		M50	50:59	
85	73		SPEED, Matt	Focusrite Flyers (F)	Senior Men	51:07	
86	74		DIGBY, Grant		Senior Men	51:17	
87	75		APPLEBY, John		M50	51:22	
88	76		LAWRENCE, Matthew	Chiltern Harriers AC	M40	51:23	
89	77		LITTLE, Paul	Leighton Fun Runners	M50	51:23	
90		13	HUGHES, Jenny	Arena 80 AC	F55	51:27	
91	78		GAME, Andrew		M40	51:30	
92	79		MCCORMACK, Ade	Chiltern Harriers AC	M50	51:33	
93	80		DORWARD, Neil		M50	51:48	
94	81		BARROWCLIFFE, Andrew		M40	52:10	
95	82		PARK, Duncan		M50	52:11	
96	83		ROBERTS, Alan	Vale Of Aylesbury AC	M50	52:16	
97	84		MAYOH, Graham	Watford Harriers	M50	52:22	
98	85		WARD, Tom		Senior Men	52:31	
99	86		DYER, Paul		M40	52:33	
100	87		BARROWS, Tony	Bearbrook RC	M60	52:42	
101		14	MAYOT, Lauren		F35	52:48	
102		15	PAYNE, Nicola		Senior Women	52:54	
103	88		BAILEY, Tim		M60	52:57	
104	89		PRICE, Colin		M50	52:57	
105	90		MAINWARING, Rupert	Gade Valley Harriers	M40	52:59	
106		16	SUMMERS, Cassie	Handy Cross Runners	Senior Women	53:04	
107		17	COLEMAN, Amy		F35	53:05	
108	91		CHAPPLE, Colin		M50	53:06	
109		18	LAST, Anna		Senior Women	53:26	
110	92		LAMBERT, Ross		Senior Men	53:27	
111	93		HODGKINSON, Paul		M50	53:33	
112	94		PAGE, Bob	Arena 80 AC	M50	53:37	
113	95		FANTON, Mauro		M40	53:44	
114	96		BREEN, Ian		M50	53:44	
115	97		GREENHALGH, Giles	Chiltern Harriers AC	M50	53:47	
116	98		WATSON, Tony	Sudbury Court RC	M60	54:08	
117		19	STEVENS, Christina	Tring RC	Senior Women	54:15	
118		20	CONWAY, Fiona		F45	54:23	
119	99		MALDEN, Ted		M50	54:23	
120	100		MONTEIRO, Antonio		Senior Men	54:30	
121	101		MAW, Richard	St Albans Striders	M60	54:32	
122		21	WISHART, Karen	Dacorum & Tring	F45	54:35	
123	102		ROBERTSON, Iain		M50	54:37	
124		22	RUHLAND, Jane	Ealing, Southall & Middlesex	F45	54:40	
125	103		HALLISSEY, Matt	Dacorum & Tring	Senior Men	54:46	
126	104		TURRELL, Simon	Ealing, Southall & Middlesex	M40	54:59	
127	105		NEEDHAM, Jack		Senior Men	55:06	
128	106		SEPHTON, Mark		M50	55:14	
129	107		FLEMING, Rupert		Senior Men	55:20	

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
130		23	WILSON, Lynn	Ealing, Southall & Middlesex	F55	55:24	
131	108		FOSKETT, Richard	Herts Phoenix	M60	55:25	
132	109		LEUNG, Andy	Ealing, Southall & Middlesex	M40	55:26	
133	110		EDWARDS, Rik	Chiltern Harriers AC	M60	55:31	
134	111		CHALMERS, Julian		M40	55:33	
135	112		LEVINSON, Hugh		M50	55:43	
136	113		SHARMAN, Michael		M50	55:46	
137	114		SAUL, David	Chiltern Harriers AC	M50	55:49	
138	115		DONOVAN, Michael	St Albans Striders	M60	55:53	
139		24	COTTON, Tracey	Gade Valley Harriers	F35	55:55	
140	116		FRY, Mark	Chiltern Harriers AC	M50	56:02	
141	117		DORWARD, Piers		Junior Men	56:13	
142	118		SWAN, Adam		M40	56:18	
143	119		CHATER, Andrew	Watford Joggers	M60	56:22	
144	120		MYALL, John		M60	56:29	
145		25	SMITH, Boo	Hillingdon AC	F55	56:29	
146	121		HAWORTH, John		M50	56:33	
147	122		FIELD, Steve	Chiltern Harriers AC	M60	56:36	
148	123		ELLIOTT, David		M50	56:38	
149	124		SMITH, John		M70	56:44	
150	125		PRESTRIDGE, Phil		M50	56:45	
151		26	PRESTRIDGE, Julia		F55	56:45	
152	126		MOSTYN, Kevin	Dacorum & Tring	M50	56:52	
153	127		PEARCE, Paul	Chiltern Harriers AC	M40	57:00	
154	128		MARTIN, James		M40	57:02	
155	129		HURST, Gary		M40	57:06	
156		27	CRAWLEY, Victoria	Gade Valley Harriers	F35	57:19	
157	130		HILL, Greg	Watford Joggers	M60	57:30	
158	131		QASAM, Jazz		Senior Men	57:36	
159		28	MELLOR, Lyn	Chiltern Harriers AC	F55	57:36	
160		29	CONN, Joanna	Serpentine RC	F45	57:41	
161		30	RENSHAW, Elizabeth		Senior Women	57:48	
162		31	MOSTYN, Gwen	Dacorum & Tring	F35	57:58	
163	132		BODDINGTON, John		M40	58:13	
164	133		HUTCHINGS, Martyn		M40	58:15	
165	134		UNKNOWN,		NDB	58:15	
166	135		MCGOWAN, Stuart		M60	58:23	
167		32	FERGUSON, Sue		F55	58:25	
168		33	SYLVESTER, Victoria		F45	58:28	
169		34	PICKARD, Kate	Watford Joggers	F45	58:28	
170	136		FALVEY, John	Ealing, Southall & Middlesex	M60	58:30	
171	137		WISHART, Keith	Dacorum & Tring	M40	58:31	
172	138		PAUL, Alistair		Senior Men	58:41	
173		35	DEARMAN, Christine	Watford Harriers	F45	58:43	
174		36	THOMAS, Pat	Ealing, Southall & Middlesex	F45	58:44	
175		37	COPLAND, Harriet		F45	58:44	
176	139		CARROLL, John		M40	58:46	
177	140		WELLS, David		M40	58:51	
178		38	GETTINGS, Julie	Tring RC	F35	58:53	
179	141		HAMBLIN, Chris		M40	59:04	
180	142		KAVANAGH, John	South West Road Runners	M50	59:06	
181		39	DIGBY, Emma		F35	59:22	
182		40	PRINCE, Louise	Ealing, Southall & Middlesex	F45	59:25	
183		41	TAFT, Sarah		F35	59:30	
184		42	GOSTLING, Amy	Gade Valley Harriers	F35	59:34	
185	143		WARREN, Andrew		M50	59:35	
186		43	DOWNS, Ursula		F55	59:53	
187		44	MATTHEWS, Claire		F35	60:01	
188		45	NEUMANN, Aneta	Ealing, Southall & Middlesex	F35	60:05	
189		46	FINCH, Claire		F35	60:12	
190	144		KING, Doug	Chiltern Harriers AC	M60	60:18	
191	145		FREEMAN, Martin		M50	60:28	
192	146		ALLSOPP, Derek		M50	60:31	
193	147		BOYDEN-WILSON, Steve	Chiltern Harriers AC	M50	60:42	
194		47	WALKER, Helen		F35	60:49	
195		48	TANK, Debbie	Chiltern Harriers AC	F35	60:55	
196	148		JENKIN, Vincent		M40	61:03	
197	149		GILL, Robert	Chiltern Harriers AC	M60	61:05	
198	150		NORMOYLE, Trevor	Metropolitan Police AC	Senior Men	61:17	
199		49	CRONIN, Alison	Burnham Joggers	F45	61:18	

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
200		50	COTTRILL, Angeline	Gade Valley Harriers	F35	61:19	
201	151		WILSON, Martin	Ealing, Southall & Middlesex	M60	61:20	
202		51	SWAN, Sophie		F35	61:38	
203	152		WISE, Michael	Garden City Runners	M60	61:40	
204	153		HODGE, Hugo		M60	61:45	
205		52	KAESSER, Julie		F45	61:47	
206		53	DAY, Katherine	Chiltern Harriers AC	F45	61:57	
207		54	KEMPSON, Miriam	Chiltern Harriers AC	F45	61:57	
208	154		MAULE, Peter		M60	62:08	
209	155		PYPER, North		M60	62:11	
210		55	PRESTICCIO, Sophie	Ealing, Southall & Middlesex	F35	62:17	
211	156		MITCHELL, Gregory		M50	62:30	
212		56	BACON, Joanna		F35	62:36	
213	157		HOLMES, David		M60	62:38	
214		57	SANDERS, Claire		F35	62:50	
215		58	CLEMENTS, Bridget		F45	62:51	
216	158		CLEMENTS, Trevor	St Albans Striders	M50	62:51	
217		59	KIMPTON, Lorna		F35	62:55	
218	159		GARRETT, Martin	Sudbury Court RC	M60	62:57	
219		60	BEUSELINCK, Amanda	Metros	F45	63:19	
220	160		SLINGSBY, Francis		Senior Men	63:48	
221	161		WARNER, Matthew	Dacorum & Tring	M40	63:49	
222		61	ILES, Naomi	Gade Valley Harriers	Senior Women	63:50	
223		62	DANIEL, Elizabeth	Tring RC	F45	63:55	
224	162		HARDMAN, Bob	Burnham Joggers	M60	63:59	
225		63	ROYALS, Katie	Chiltern Harriers AC	Senior Women	64:22	
226		64	DE GREEF, Marie	Ealing Eagles RC	F45	64:22	
227		65	GALLOWAY, Annette	Ealing, Southall & Middlesex	F45	64:24	
228	163		SCOTT, David		Senior Men	64:28	
229	164		LONG, Richard		M70	64:32	
230	165		PARKER, Brian		M50	64:42	
231	166		HALLISEY, Andrew		M50	64:45	
232	167		DAVIES, Philip		M50	64:51	
233		66	ESKDALE, Jacki	Gade Valley Harriers	F55	65:07	
234	168		BRAHAM, Stephen		M40	65:07	
235	169		BUSH, Charles		Senior Men	65:16	
236		67	GARDNER, Hannah		F35	65:18	
237		68	GERAGHTY, Michelle		Senior Women	65:18	
238	170		SMITH, Christopher		Senior Men	65:21	
239	171		SHEDD, Ed		M50	65:23	
240		69	STANDEN, Laura		F35	65:27	
241	172		WARREN, Pete		M70	65:38	
242		70	LOWE, Alison		F35	66:19	
243		71	BLACKMAN, Helen		F45	66:21	
244		72	ATTREE, Mandy	St Albans Striders	F45	66:25	
245		73	STERN, Lucy	St Albans Striders	F45	66:25	
246		74	RANSOM, Carol	St Albans Striders	F45	66:25	
247	173		HIGGINS, Pat		M60	66:29	
248		75	HARRISON, Heidi		F35	66:52	
249	174		HICKMER, Geoff		M60	67:27	
250	175		WARREN, Wayne		M60	67:43	
251		76	SHARMAN, Gill	Leighton Buzzard Triathlon Club	F45	67:46	
252	176		THOMAS, Paul	Leighton Fun Runners	M60	67:54	
253		77	REEVE, Janet	Tring RC	F55	68:18	
254		78	DEWAR, Amy		F35	68:25	
255	177		WORSLEY, David		M60	68:26	
256		79	BLEAZARD, Helen		F45	68:28	
257		80	BODDINGTON, Vanessa		F45	68:31	
258	178		SIBLEY, Patrick		M60	68:36	
259		81	MCCALL, Jo		F45	68:39	
260		82	BIRCH, Annie	Metros	F55	68:42	
261	179		BOMFORD, Andrew		M50	68:51	
262		83	SEPHTON, Sarah		F45	69:11	
263		84	WALLACE, Becky	Shenley Striders	F35	69:18	
264	180		WILSON, Stephen	Shenley Striders	M50	69:18	
265	181		MERCER, Phil	Gade Valley Harriers	M40	69:42	
266	182		LAKOVIC, Sasha		M40	70:11	
267		85	LEE BRIGGS, Laura		F45	70:13	
268	183		HILL, Roger		M60	70:16	
269	184		QUIGLEY, Martin		M50	70:16	

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME	PRIZE
270		86	HILL, Grace		Senior Women	70:16	
271		87	SHEPHERD, Rachel		F45	70:23	
272		88	KAHLER, Anne		F45	70:23	
273	185		FINNAMORE, Simon		M50	70:33	
274	186		ROTH, Bell		Senior Men	70:40	
275	187		MURRAY, Michael		M50	70:51	
276	188		RUSH, Matthew		Senior Men	70:59	
277		89	MURRAY, Clare		Senior Women	71:00	
278	189		LARKIN, Jason		M40	71:02	
279	190		EVANS, Russell		M40	71:42	
280		90	NORTON, Anne-Lucie		F65	72:42	
281		91	KILLICK, Alexandra	Leighton Buzzard AC	F45	73:04	
282		92	WARNER, Caroline	Dacorum & Tring	F45	74:21	
283		93	BRETT, Helen	Shenley Striders	F55	75:05	
284	191		PARK, Ben		M50	76:10	
285		94	BREEN, Helen		F45	78:34	
286		95	CLARK, Catriona		F45	78:34	
287		96	MAW, Nora		F55	80:24	
288	192		KENT, Philip		M70	81:29	
289	193		KEELING, Quentin	St Albans Striders	M60	92:00	

Team Results

<u>Mens Teams (4 to score)</u>		<u>Score¹</u>	<u>Womens Teams (4 to score)</u>		<u>Score²</u>
1st	Gade Valley Harriers	38	1st	Chiltern Harriers AC	28
2nd	Chiltern Harriers AC	49	2nd	Dacorum & Tring	55
3rd	Ealing, Southall & Middlesex	170	3rd	Ealing, Southall & Middlesex	60
4th	St Albans Striders	295	4th	Gade Valley Harriers	103
5th	Dacorum & Tring	527	5th	Tring Running Club	196
<u>Fun Teams (4 to score)</u>		<u>Score³</u>			
1st	Focusrite Flyers	236			

¹ Scores exclude female competitors

² Scores exclude male competitors

³ Scores include all competitors