

RESULTS OF PEDNOR 5 EVENTS

5th May 2008

PEDNOR 5 ROAD RACE

(see below for Race Walk)

MEN'S RACE

Place	Time	Name	Team	Race Age Category	Prize Winners
1	27:11	ELLERBY, Stuart	Chiltern Harriers AC	Senior Men	1st Man
2	27:24	BEEDELL, Tom	Chiltern Harriers AC	Senior Men	2nd Man
3	28:08	NANTON, Kingsley	Chiltern Harriers AC	Senior Men	3rd Man
4	28:17	O'GORMAN, Eddie	Chiltern Harriers AC	Senior Men	
5	28:59	LANGLEY, Ross	Tring RC	Senior Men	
6	29:31	SUMMERS, Pete	Burnham Joggers	Veteran Men 40	1st Vet 40
7	29:43	HARRIS, Nick	Watford Harriers	Senior Men	
8	29:48	ROLT, Andrew	Vale Of Aylesbury	Veteran Men 40	
9	29:52	HARRAN, Anthony	Herne Hill Harriers	Veteran Men 40	
10	29:55	GILBERT, Brendon	Handy Cross Runners	Senior Men	
11	29:57	EDWARDES-EVANS, Henry	Vale Of Aylesbury	Veteran Men 40	
12	30:03	WHELAN, Alan	Tring RC	Veteran Men 40	
13	30:37	TAYLOR, Nick	Vale Of Aylesbury	Veteran Men 40	
14	30:39	MOCHARRAFIE, Elliot	Chiltern Harriers AC	Junior Men	1st Junior Man
15	30:49	WALLACE, Patrick	Chiltern Harriers AC	Senior Men	
16	31:00	BRADLEY, Mikk	Watford Harriers	Veteran Men 50	1st Vet 50
17	31:17	O'GRADY, John	Chiltern Harriers AC	Veteran Men 40	
18	31:22	BIRKETT, Timothy	Watford Harriers	Veteran Men 40	
19	31:23	FULLER, Bob	Windsor Slough Eton & Hounslow	Veteran Men 40	
20	31:32	ELLERBY, Roger	Chiltern Harriers AC	Veteran Men 50	
21	31:41	JOHNSON, Darren	Burnham Joggers	Senior Men	
22	32:14	HARRIS, Michael		Senior Men	
23	32:15	TAYLOR, Jonathan	Chiltern Harriers AC	Senior Men	
24	32:26	REDINGTON, Andrew	Stragglers	Senior Men	
25	32:28	ANDERSON, Rik	Dacorum & Tring	Veteran Men 50	
26	32:31	WATSON, Alex	Chiltern Harriers AC	Junior Men	
27	32:34	HARDMAN, Justin	Upmorgan RC	Veteran Men 40	
28	32:42	WALKER, Derek	Watford Harriers	Veteran Men 40	
29	32:54	ROSE, Chris	Burnham Joggers	Veteran Men 40	
30	32:59	CHINN, Tristan	Burnham Joggers	Senior Men	
31	33:04	DOBBY, Richard		Senior Men	
32	33:12	LARK, Trevor	Tring RC	Veteran Men 40	
33	33:20	ILLING, Paul	Watford Harriers	Veteran Men 40	
34	33:22	MANNING, John	Tring RC	Veteran Men 50	
35	33:33	COWAN, Paul	Tring RC	Veteran Men 40	
36	33:45	WHITAKER, Grant	Chiltern Harriers AC	Veteran Men 40	
37	33:49	APPLEBY, David	Burnham Joggers	Veteran Men 40	
38	33:50	ANGUS, Andrew	Watford Harriers	Veteran Men 40	
39	33:57	COOPER, Neil	Chiltern Harriers AC	Veteran Men 50	
40	34:06	COOKE, Bruce	Burnham Joggers	Veteran Men 60	

41	34:08	CHIVERS, Luke	Road Runners Club	Senior Men
42	34:10	MCCORD, Ken	Burnham Joggers	Veteran Men 40
43	34:11	WATSON, Giles		Veteran Men 40
44	34:20	MCKENNA, Patrick	Chiltern Harriers AC	Veteran Men 40
45	34:27	STANDEN, Mark	Harrow	Senior Men
46	34:30	EDWARDS, Neil	Bearbrook Joggers	Veteran Men 40
47	34:35	PEERLESS, John	Handy Cross Runners	Veteran Men 50
48	34:36	SCUDAMORE, Keith	Burnham Joggers	Veteran Men 60
49	34:49	RANDALL, William		Senior Men
50	34:52	DALE, Adrian	Chiltern Harriers AC	Veteran Men 40
51	34:55	TAYLOR, Richard	Vale Of Aylesbury	Senior Men
52	34:57	FOLKARD, Melvyn	Chiltern Harriers AC	Veteran Men 50
53	35:02	BOARDMAN, Ian		Veteran Men 40
54	35:04	BAXTER, Fred	Chiltern Harriers AC	Veteran Men 50
55	35:05	BONTRHON, Callum	Tring RC	Junior Men
56	35:16	HARRISON, Jeremy		Veteran Men 40
57	35:19	RALPH, John	Chiltern Harriers AC	Veteran Men 50
58	35:21	HOW, Edward	Charterhouse Harriers	Senior Men
59	35:26	SALMON, Jon	Thames Hare & Hounds	Veteran Men 40
60	35:28	ROBERTS, Alan	Vale Of Aylesbury	Veteran Men 40
61	35:35	LAWLER, John	Dacorum & Tring	Senior Men
62	35:44	BENJAMIN, James	Vale Of Aylesbury	Junior Men
63	35:45	KIPPAX, Nigel	Tring RC	Veteran Men 50
64	35:53	PEPPER, Alex	Chiltern Harriers AC	Veteran Men 40
65	36:05	MANNION, Des	Handy Cross Runners	Veteran Men 40
66	36:09	MCCORMACK, Ade	Chiltern Harriers AC	Veteran Men 40
67	36:14	IRWIN, John	Burnham Joggers	Veteran Men 50
68	36:15	SMITH, Leonard		Veteran Men 60
69	36:17	ASTLES, Peter	Handy Cross Runners	Veteran Men 40
70	36:19	PAGE, Garry	Chiltern Harriers AC	Veteran Men 40
71	36:24	BEEDE, Jonathan	Chiltern Harriers AC	Veteran Men 40
72	36:32	TALBOT, Robert	Burnham Joggers	Senior Men
73	36:58	BAILLIE, Scott	Vegetarian Cycling & AC	Veteran Men 40
74	37:01	MOLESWORTH, Tony	Chiltern Harriers AC	Veteran Men 60
75	37:08	HEDGE, Terry	Watford Harriers	Veteran Men 40
76	37:14	SMITH, Simon	Burnham Joggers	Senior Men
77	37:19	BENJAMIN, Steve	Vale Of Aylesbury	Veteran Men 40
78	37:23	OSBORNE, Richard	Chiltern Harriers AC	Veteran Men 40
79	37:29	COOPER, Neil		Veteran Men 40
80	37:30	HEARN, Paul	Bearbrook Joggers	Veteran Men 40
81	37:39	CHIVERS, Richard	Road Runners Club	Veteran Men 60
82	37:43	GRIMSDALE, Martin	Watford Harriers	Veteran Men 50
83	37:43	TODD, Mike		Veteran Men 40
84	37:47	ALLEN, Charles	Burnham Joggers	Veteran Men 40
85	38:02	CHEYNE, Leyton	Chiltern Harriers AC	Senior Men
86	38:03	MONAGHAN, John	Burnham Joggers	Veteran Men 40
87	38:21	NEWING, Andy	Gade Valley Harriers	Veteran Men 40
88	38:25	ARMSTRONG, Robert	Chiltern Harriers AC	Veteran Men 40
89	38:37	SMITH, Andrew	Bungay Black Dog RC	Veteran Men 50
90	38:51	TOMKINS, James		Veteran Men 40
91	39:05	BRAWN, Trevor	Chiltern Harriers AC	Veteran Men 50
92	39:14	PEERLESS, James	Handy Cross Runners	Senior Men
93	39:19	PEACE, Thomas		Senior Men

94	39:33	HARDMAN, Bob	Burnham Joggers	Veteran Men 60
95	39:36	LACH, Roman	Burnham Joggers	Veteran Men 40
96	39:57	BOLDEN, Paul		Veteran Men 40
97	40:02	WALKER, David	Chiltern Harriers AC	Veteran Men 60
98	40:20	STASIUK, Stefan	Burnham Joggers	Veteran Men 50
99	40:28	HUMPHREY, Martin		Veteran Men 50
100	40:42	ARCHIBALD, Bruce	The Monday Club	Veteran Men 50
101	40:45	HUTTON, William	Chiltern Harriers AC	Veteran Men 40
102	40:49	SHEPHERD, John		Veteran Men 40
103	40:51	SMART, Jonathan		Senior Men
104	40:57	FORD, Bob	Tring RC	Veteran Men 50
105	40:59	LAWLER, Tom	Dacorum & Tring	Veteran Men 60
106	41:10	DENNIS, Geoff	Tring RC	Veteran Men 60
107	41:26	FORD, David	Burnham Joggers	Veteran Men 50
108	41:38	LACEY, Nigel	Tring RC	Veteran Men 50
109	42:03	FOSKETT, Richard	Herts Phoenix	Veteran Men 50
110	42:17	PLATT, Steve	Trail Runners Association	Veteran Men 50
111	42:42	DOODY, Mark		Veteran Men 40
112	42:44	MORGAN, Mike	Burnham Joggers	Veteran Men 60
113	43:14	PRICE, David		Senior Men
114	43:44	GILBERT, Barry	Wadhurst Runners	Veteran Men 60
115	44:02	SINGH, Sukjit	Burnham Joggers	Veteran Men 40
116	44:08	SHEDD, Ed		Veteran Men 40
117	44:31	BERRY, Jason		Senior Men
118	44:35	MERRITT, Tony	Burnham Joggers	Veteran Men 60
119	45:01	ALBERTS, Philip		Veteran Men 50
120	45:30	BLOWING, Mike	Handy Cross Runners	Veteran Men 40
121	45:35	BARNARD, David	British Airways	Veteran Men 70
122	45:48	SMALLWOOD, Tim	Burnham Joggers	Veteran Men 50
123	46:18	VAN DER SLUIJS, Peter		Veteran Men 40
124	46:30	WATSON, Alan	Burnham Joggers	Veteran Men 60
125	47:00	BRADY, David		Veteran Men 40
126	47:08	RILEY, Peter	Burnham Joggers	Veteran Men 60
127	47:24	MARSH, Stephen	Chiltern Harriers AC	Veteran Men 40
128	47:47	MCINERNY, Peter		Veteran Men 50
129	47:49	THOMAS, Dave	Burnham Joggers	Veteran Men 50
130	50:20	MASON, Frank	Burnham Joggers	NDB
131	52:24	MILLS, Fabian	Dacorum & Tring	Veteran Men 60
132	52:59	CHEETHAM, John		Veteran Men 50
133	56:58	WILTON, Philip		Veteran Men 50
134	57:42	HOYLE, Raymond	Watford Harriers	Veteran Men 60
135	58:34	MORRIS, Peter	100 Marathon Club	Veteran Men 50

LADIES RACE

Place	Time	Name	Team	Race Age Category	Prize Winners
1	31:10	NEALE, Tamsin	Burnham Joggers	Veteran Women 35	1st Lady
2	32:47	BUTT, Laura	Chiltern Harriers AC	Veteran Women 35	2nd Lady
3	32:58	ARKINSTALL, Melissa	Hillingdon Triathletes	Senior Women	3rd Lady
4	33:19	YOUNG, Alison	Chiltern Harriers AC	Senior Women	
5	33:34	QUANTRILL, Sarah	Chiltern Harriers AC	Senior Women	
6	34:09	RALPH, Barbara	Chiltern Harriers AC	Veteran Women 45	1st Veteran 45
7	34:33	DOBBY, Louise	Chiltern Harriers AC	Senior Women	
8	34:55	MARSHALL, Lia	Vale Of Aylesbury	Senior Women	
9	35:31	AUSTIN, Julia	Vale Of Aylesbury	Veteran Women 35	1st Veteran 35
10	35:34	HAYNES, Ellen	Handy Cross Runners	Veteran Women 35	
11	35:57	MANNERS, Debbie	Hillingdon Triathletes	Veteran Women 35	
12	36:30	CARD, Rachel	Vale Of Aylesbury	Junior Women	1st Junior
13	36:32	BURGESS, Verna	Tring RC	Veteran Women 35	
14	36:37	BARNETT, Kirsty	Tring RC	Senior Women	
15	36:46	ANNETTS, Elizabeth	Burnham Joggers	Veteran Women 45	
16	37:02	WILTON, Carezza		Veteran Women 45	
17	37:41	STRINGER, Jo	Burnham Joggers	Veteran Women 35	
18	37:45	HARRIS, Lynne		Veteran Women 45	
19	38:13	BENNETT, Vicki		Veteran Women 35	
20	39:23	AITCHISON, Elise	Tring RC	Senior Women	
21	39:53	BONTRHON, Mandy	Tring RC	Veteran Women 45	
22	40:15	ALLEN, Alison	Burnham Joggers	Veteran Women 45	
23	40:17	BALDWIN, Louise		Senior Women	
24	40:33	REED, Kim	Tring RC	Veteran Women 35	
25	41:49	WHITFIELD, Annelie	Chiltern Harriers AC	Veteran Women 45	
26	41:51	REILLY, Darinka	Handy Cross Runners	Veteran Women 45	
27	41:53	SIDDALL, Clare	Burnham Joggers	Senior Women	
28	42:03	OWEN, Jill	Watford Harriers	Veteran Women 35	
29	42:07	AITCHISON, Edda	Tring RC	Veteran Women 55	
30	42:10	LINGLEY, Ruth	Windsor Slough Eton & Hounslow	Veteran Women 45	
31	42:15	PORTEOUS, Jane	Tring RC	Veteran Women 45	
32	42:18	MACKAY, Heather	26.2 Road Runners Club	Senior Women	
33	42:42	D'ARCY-EVANS, Julie	Chiltern Harriers AC	Veteran Women 35	
34	42:59	ROWLANDS, Louisa	Chiltern Harriers AC	Senior Women	
35	43:10	SHAW, Louise	Burnham Joggers	Senior Women	
36	44:14	MORLEY, Alison	Burnham Joggers	Veteran Women 35	
37	44:30	ELDERFIELD, Sam		Veteran Women 35	
38	44:43	SHAW, Karen	Burnham Joggers	Senior Women	
39	44:48	PARKINS, Natalie		Veteran Women 35	
40	45:39	SIMS, Victoria		Veteran Women 35	
41	46:11	SMITH, Marion	Burnham Joggers	Veteran Women 35	
42	46:25	MOORE, Christine	Chiltern Harriers AC	Veteran Women 45	
43	46:41	MARTIN, Rosalie		Senior Women	
44	46:49	HOWLETT, Donna	Handy Cross Runners	Senior Women	
45	47:00	MARTIN, Jane	Chiltern Harriers AC	Veteran Women 35	
46	47:07	NETTLETON, Sharon	Hayes & Harlington RR	Veteran Women 35	
47	48:06	O'DONNELL, Ruth		Senior Women	
48	48:11	DENNIS, Beth	Tring RC	Veteran Women 55	
49	48:15	WILSON, Helen	Bearbrook Joggers	Veteran Women 35	

50	48:31	HUGHES, Linda	Burnham Joggers	Veteran Women 35
51	48:37	REDINGTON, Alison	Stragglers	Veteran Women 35
52	50:30	BRADLEY, Mia	Watford Harriers	Veteran Women 35
53	51:00	PRATT, Kate		Veteran Women 35
54	51:02	SHEPHERD, Debbie		Veteran Women 35
55	51:22	CHILTON, Rosie		Veteran Women 55
56	51:50	CHAPLIN, Wendy	Marlow Striders	Veteran Women 35
57	52:49	DOODY, Laura		Junior Women
58	53:25	ATTWOOD, Elspeth		Veteran Women 45
59	53:26	AWAD, Julia		Veteran Women 45
60	53:59	CHOPRA, Perveen	Burnham Joggers	Veteran Women 35
61	55:25	BROWN, Jenny		Veteran Women 35

TEAMS

Men	1. Chiltern Harriers AC	10 pts (1, 2, 3, 4)
	2. Watford Harriers	69 pts (7, 16, 18, 28)
	3. Tring RC	83 pts (5, 12, 32, 34)
	4. Vale of Aylesbury	83 pts (8, 11, 13, 51)
	5. Burnham Joggers	86 pts (6, 21, 29, 30)
	6. Handy Cross Runners	191 pts (10, 47, 65, 69)
	7. Dacorum & Tring AC	322 pts (25, 61, 05, 131)
Women	1. Chiltern Harriers AC	11 pts (2, 4, 5)
	2. Vale of Aylesbury AC	29 pts (8, 9, 12)
	3. Burnham Joggers	33 pts (1, 15, 17)
	4. Tring RC	47 pts (13, 14, 20)
	5. Handy Cross Runners	80 pts (10, 26, 44)

PEDNOR 5 RACE WALK

Incorporated Buckinghamshire AA Road Walk Championships

MEN'S RACE

Place	Time	Name	Club	Race Age Category	Bucks
1	42.27	Trevor Jones	Hillingdon AC	Vet 50	
2	46.18	Mark Wall	Leicester Walking Club	Vet 50	
3	47.12	Steven Uttley	Ilford AC	Vet 50	
4	47.29	Andrew Cox	Hillingdon AC	Vet 55	
5	50.01	Bob Austin	Marshall Milton Keynes AC	Vet 60	Bucks
6	51.00	Michael Harron	Surrey Walking Club	Vet 65	
7	51.58	Alex Watson	Chiltern Harriers AC	Under 17	Bucks
8	52.07	Leslie Scrivens	Worcester AC	Vet 60	
9	52.13	Ted Holmquist	Chiltern Harriers AC	Vet 65	Bucks
10	53.26	Alan Roberts	Vale of Aylesbury AC	Vet 40	Bucks
11	55.10	Anthony Harran	Herne Hill Harriers	Vet 45	
12	55.17	Trevor Brawn	Chiltern Harriers AC	Vet 55	Bucks
13	56.11	Brian Graves	Marshall Milton Keynes AC	Vet 65	Bucks
14	57.24	Bernard Hercock	Enfield & Harringey AC	Vet 70	
15	57.26	David Hoben	Surrey Walking Club	Vet 65	
16	57.43	Russell Vroobel	Unattached	Vet 45	Bucks
17	57.47	Martyn Cartwright	Chiltern Harriers AC	Vet 65	Bucks
18	57.57	Fabian Mills	Dacorum & Tring AC	Vet 60	
19	57.58	Steve Platt	Trail Running Association	Vet 50	
20	67.48	Ken Livermore	Enfield & Harringey AC	Vet 75	
21	74.43	Christian Hansen	Unattached	SM	Bucks

LADIES RACE

1	50.19	Helen Middleton	Leicester Walking Club	Vet 45	
2	55.32	Jackie Carver	Unattached	Vet 35	Bucks
3	57.30	Sue Rey	Leicester Walking Club	Vet 50	
4	63.57	Elspeth Atwood	Unattached	Vet 50	
5	65.45	Nancy Neville	Unattached	Vet 50	
6	70.40	Nicole Manley	Unattached	Vet 40	
7	71.36	Sally Hardman	Unattached	Vet 35	Bucks
8	74.43	Molly Hansen	Unattached	Vet 35	Bucks
9	77.23	Christine West	Unattached	Vet 60	
10	86.34	Judith Crozier	Unattached	Vet 55	Bucks

GIRLS 2 MILE RACE

1	23.00 **	Katie Royals	Chiltern Harriers A.C.	U13	
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** Course Record

PEDNOR 5 CHALLENGE

The combined times for competitors in both the Pednor 5 Road Race and Road Walk

Posn	Total Time	Name	Club	Walk Time	Run Time
<u>MEN</u>					
1	84.29	Alex Watson	Chiltern Harriers AC	51.58	32.31
2	85.02	Anthony Harran	Herne Hill Harriers	55.10	29.52
3	88.54	Alan Roberts	Vale of Aylesbury	53.26	35.28
4	94.22	Trevor Brawn	Chiltern Harriers AC	55.17	39.05
5	100.15	Steve Platt	Trail Runners Association	57.58	42.17
6	110.21	Fabian Mills	Dacorum & Tring AC	57.57	52.24
<u>LADIES</u>					
1	117.22	Elsbeth Attwood	Unattached	63.57	53.25