

# RESULTS OF PEDNOR 5 EVENTS

## 2nd May 2011

### PEDNOR 5 ROAD RACE

incorporating the Buckinghamshire AA Short Road Race Championship

#### MEN'S RACE

Place	Runner	Club	Race Age Category	Time	Prize Winners	Bucks Championship
1	PARSLOW, Jack	Dacorum & Tring	Senior Men	26:52	1st	
2	MAY, Charlie	Vale Of Aylesbury	Senior Men	27:01	2nd	
3	REPPER, James	Chiltern Harriers AC	Senior Men	28:05	3rd	1st
4	TAYLOR, Rob	Vale Of Aylesbury	Senior Men	28:06		2nd
5	COUSINS, Jonny		Senior Men	28:07		
6	FULCHER, Frank	Handy Cross Runners	Veteran Men 40	28:20	1st V40	3rd & 1st Vet
7	JOHNSON, Darren	Burnham Joggers	Senior Men	29:33		
8	STEWART, Allan	Chiltern Harriers AC	Junior Men	30:07	1st Junior	
9	CORBETT, Phil	Vale Of Aylesbury	Senior Men	30:15		
10	ROBERTS, Dave	Fell Runners Association	Veteran Men 40	30:26		2nd Vet
11	BERRY, Adrian	Chiltern Harriers AC	Senior Men	30:52		
12	O'CALLAGHAN, Gregory	Tring RC	Senior Men	31:01		
13	BRADLEY, Mikk	Watford Harriers	Veteran Men 50	31:04	1st V50	
14	MORGAN, David	Dunstable Road Runners	Veteran Men 40	31:11		
15	ROSE, Chris	Burnham Joggers	Veteran Men 40	31:11		
16	FALLAIZE, Mark	Vale Of Aylesbury	Senior Men	31:13		
17	BROOKS, David	Wycombe Phoenix Harriers	Senior Men	31:18		
18	EDWARDES-EVANS, Henry	Vale Of Aylesbury	Veteran Men 40	31:23		3rd Vet
19	DAGLISH, Alan	Luton Athletic	Veteran Men 60	31:57		
20	REDINGTON, Andrew	Chiltern Harriers AC	Veteran Men 40	32:03		
21	TURNEY, Michael	Chiltern Harriers AC	Veteran Men 40	32:24		
22	JONES, Alun	Handy Cross Runners	Veteran Men 50	32:33		
23	WALKER, Pete	Burnham Joggers	Veteran Men 40	32:38		
24	SHARKEY, Jonathan		Veteran Men 40	32:46		
25	TAYLOR, Nathan	Chiltern Harriers AC	Senior Men	32:55		

26	SHELTON, Richard		Veteran Men 40	33:00
27	QUINCEY, James	Burnham Joggers	Senior Men	33:02
28	WALKER, Derek	Watford Harriers	Veteran Men 50	33:09
29	SANKEY, Andrew		Senior Men	33:18
30	HARTMANN, Henrik	Vale Of Aylesbury	Senior Men	33:22
31	SULLIVAN, Nigel	Burnham Joggers	Veteran Men 40	33:27
32	CORY, Tim	Watford Harriers	Veteran Men 50	33:33
33	RUTTLEY, Paul	Watford Harriers	Senior Men	33:55
34	WILLIAMS, Anthony	Watford Harriers	Senior Men	34:04
35	PEPPER, Alex	Chiltern Harriers AC	Veteran Men 40	34:13
36	DIXON, Scott		Senior Men	34:16
37	MANNING, John	Tring RC	Veteran Men 50	34:18
38	BREWER, John	UKNetrunner	Veteran Men 40	34:20
39	SALMON, Jon	Thames Hare & Hounds	Veteran Men 50	34:22
40	NEWING, Stephen	Gade Valley Harriers	Senior Men	34:33
41	MAWDSLEY, Colin	Vale Of Aylesbury	Veteran Men 40	34:43
42	O'FARRELL, John		Veteran Men 40	34:44
43	WORSFOLD, Mike	Chiltern Harriers AC	Senior Men	34:45
44	BLAKENEY, Stephen	Handy Cross Runners	Senior Men	34:52
45	ASHWELL, Andy		Veteran Men 50	34:52
46	WHITAKER, Grant	Chiltern Harriers AC	Veteran Men 40	34:59
47	MASTERS, Greg		Senior Men	35:12
48	RANDALL, William		Senior Men	35:18
49	STANDEN, Mark	Chiltern Harriers AC	Senior Men	35:19
50	ILLING, Paul	Watford Harriers	Veteran Men 40	35:20
51	KING, Doug	Chiltern Harriers AC	Veteran Men 60	35:23
52	ANGUS, Andrew	Watford Harriers	Veteran Men 50	35:26
53	MARSHALL, David		Veteran Men 40	35:31
54	LARK, Trevor	Tring RC	Veteran Men 50	35:33
55	NORTH, Simon	Wycombe Phoenix Harriers	Veteran Men 50	35:37
56	CREIGHTON, Andrew		Veteran Men 40	35:38
57	LAMBERT, James		Senior Men	35:39
58	BAXTER, Fred	Chiltern Harriers AC	Veteran Men 60	35:40
59	BOARDMAN, Ian		Veteran Men 50	35:46
60	IRWIN, John	Burnham Joggers	Veteran Men 50	36:05
61	ROBERTS, Alan	Vale Of Aylesbury	Veteran Men 40	36:06

62	OSTAGA, Neil		Veteran Men 50	36:09
63	MCCORMACK, Ade	Chiltern Harriers AC	Veteran Men 50	36:10
64	ASTLES, Peter	Handy Cross Runners	Veteran Men 50	36:11
65	WOOLRIDGE, Tim	Watford Joggers	Veteran Men 50	36:13
66	COUTTS, Jonathan	Chiltern Harriers AC	Senior Men	36:22
67	KIRMOND, Gareth		Veteran Men 40	36:25
68	JONES, Nick		Veteran Men 40	36:26
69	HART, Miles	Chiltern Harriers AC	Veteran Men 40	36:27
70	DOLLING, Mick	Chiltern Harriers AC	Veteran Men 50	36:27
71	PRICE, Dave		Senior Men	36:28
72	HILL, Adam		Junior Men	36:30
73	SLADE, Nick	Watford Joggers	Veteran Men 40	36:30
74	BRINDLE, David		Senior Men	36:33
75	MANSON, Iain		Veteran Men 50	36:41
76	TURNER, David		Veteran Men 40	36:54
77	HILL, Roger		Veteran Men 50	37:00
78	FALLAIZE, Clive	Vale Of Aylesbury	Veteran Men 50	37:10
79	CLARKE, David	Chiltern Harriers AC	Veteran Men 40	37:47
80	HAMER, Huw	Watford Joggers	Senior Men	38:00
81	ALLEN, Peter	Burnham Joggers	Junior Men	38:05
82	NORCOTT, Lee	Burnham Joggers	Senior Men	38:06
83	DUTFIELD, Tim	Chiltern Harriers AC	Veteran Men 40	38:07
84	SMITH, Leonard		Veteran Men 60	38:09
85	TRIVERS, Mark	Tring RC	Veteran Men 40	39:00
86	SHEPHERD, John		Veteran Men 40	39:04
87	COOPER, Neil	Chiltern Harriers AC	Veteran Men 50	39:04
88	QUIGLEY, Charlie		Junior Men	39:07
89	FRY, Mark		Veteran Men 40	39:19
90	RANN, Peter	Burnham Joggers	Senior Men	39:34
91	NEWING, Andy	Gade Valley Harriers	Veteran Men 40	39:50
92	RICKMAN, John	Maidenhead AC	Veteran Men 60	40:04
93	HOLMES, David	Chiltern Harriers AC	Veteran Men 50	40:42
94	HARRIS, Andrew	Looe Pioneers RC	Veteran Men 60	40:43
95	STASIUK, Stefan	Burnham Joggers	Veteran Men 50	40:45
96	MAJEWSKI, Zbigniew		Veteran Men 40	40:46
97	SMART, Jonathan		Senior Men	41:11

98	HICKMAN, Michael	Handy Cross Runners	Veteran Men 60	41:22
99	BLOWING, Mike	Handy Cross Runners	Veteran Men 40	41:30
100	AMIRAS, Paul		Senior Men	41:33
101	MOLESWORTH, Tony	Chiltern Harriers AC	Veteran Men 60	41:41
102	QUIGLEY, Martin		Veteran Men 50	42:08
103	FORD, Dave	Burnham Joggers	Veteran Men 50	42:48
104	TALBOT, Robert	Burnham Joggers	Senior Men	43:03
105	BRAWN, Trevor	Chiltern Harriers AC	Veteran Men 60	43:28
106	HALTON, Mike		Veteran Men 50	43:31
107	WALKER, David	Chiltern Harriers AC	Veteran Men 60	43:51
108	SCUDAMORE, Keith	Burnham Joggers	Veteran Men 60	44:11
109	DENNIS, Geoff	Tring RC	Veteran Men 60	44:16
110	VAN DER SLUIJS, Peter		Veteran Men 40	44:25
111	GILBERT, Barry	Wadhurst Runners	Veteran Men 60	44:27
112	FREW, Ian	Tanglewood Terriers	Veteran Men 50	44:59
113	PIERCY, Matthew	Handy Cross Runners	Veteran Men 40	45:28
114	CRAGGS, Neil		Veteran Men 50	46:18
115	HAYNE, Bob		Veteran Men 50	46:27
116	MILLS, Fabian	Dacorum & Tring	Veteran Men 60	47:15
117	WATSON, Alan	Burnham Joggers	Veteran Men 60	47:24
118	ROLT, Andrew	Vale Of Aylesbury	Veteran Men 40	47:35
119	ALBERTS, Philip		Veteran Men 60	47:51
120	ROSER, Geoffrey	Tring RC	Veteran Men 60	48:42
121	BRYANT, David	Watford Harriers	Veteran Men 70	51:36
122	LLOYD, Richard		Veteran Men 40	51:57
123	SHELTON, John	Tring RC	Veteran Men 50	52:00
124	VERCHERE, Ian	Tring RC	Veteran Men 70	52:07
125	PRESTON, Dennis		Veteran Men 50	52:12
126	ASHTON, Mike		Veteran Men 50	54:06
127	MASON, Frank	Burnham Joggers	Veteran Men 60	1:03:12
128	HOYLE, Raymond	Watford Harriers	Veteran Men 60	1:08:35

**LADIES RACE**

<b>Place</b>	<b>Runner</b>	<b>Club</b>	<b>Race Age Category</b>	<b>Time</b>	<b>Prize Winners</b>	<b>Bucks Championship</b>
1	AMEND, Samantha	Belgrave Harriers	Senior Women	30:27	1st	1st
2	NEALE, Tamsin	Burnham Joggers	Veteran Women 35	31:20	2nd	2nd & 1st Veteran
3	QUANTRILL, Sarah	Chiltern Harriers AC	Senior Women	32:04	3rd	
4	THOMAS, Sian	Chiltern Harriers AC	Senior Women	32:19		
5	YOUNG, Ali	Chiltern Harriers AC	Veteran Women 35	32:31	1st V35	3rd & 2nd Veteran
6	AUSTIN, Julia	Vale Of Aylesbury	Veteran Women 45	32:59	1st V45	3rd Veteran
7	HOLMES, Bev	Burnham Joggers	Veteran Women 35	35:41		
8	JONES, Carol	Ealing, Southall & Middlesex	Veteran Women 45	35:56		
9	ANNETTS, Elizabeth	Burnham Joggers	Veteran Women 45	36:13		
10	STRINGER, Jo	Burnham Joggers	Veteran Women 35	36:21		
11	SAMMES, Rachel	Burnham Joggers	Veteran Women 35	37:03		
12	HAYNES, Ellen	Handy Cross Runners	Veteran Women 45	37:07		
13	CONN, Joanna	Serpentine Running Club	Veteran Women 35	37:18		
14	FAIRLAMB, Patricia	Burnham Joggers	Veteran Women 45	37:37		
15	LANG, Beth		Senior Women	37:54		
16	CAULFIELD, Sarah	Chiltern Harriers AC	Veteran Women 35	37:55		
17	FALLAIZE, Heather	Vale Of Aylesbury	Veteran Women 45	38:01		
18	TALBOT, Clare	Burnham Joggers	Senior Women	38:15		
19	HARRIS, Lynne	Looe Pioneers RC	Veteran Women 55	38:18		
20	EDWARDS, Tracy	Chiltern Harriers AC	Veteran Women 35	38:25		
21	DAGLISH, Lorraine	Luton Athletic	Veteran Women 45	38:28		
22	BARTLETT, Lucy	Burnham Joggers	Senior Women	38:58		
23	GOSS, Amy	Tring RC	Senior Women	39:08		
24	LARK, Rachel	Tring RC	Senior Women	39:10		
25	HALFORD, Angela	Watford Harriers	Senior Women	39:53		
26	DOWNS, Ursula		Veteran Women 45	39:55		
27	CONWAY, Fiona		Veteran Women 35	40:37		
28	MANGAN, Sarah	Burnham Joggers	Senior Women	40:52		
29	ALLEN, Alison	Burnham Joggers	Veteran Women 45	40:52		
30	LOCK, Siv Vatne	Chiltern Harriers AC	Veteran Women 35	41:09		

31	JONES, Nicky		Veteran Women 45	41:42	
32	FULLYLOVE, Roz	Watford Joggers	Veteran Women 35	41:55	
33	CREIGHTON, Ingrid		Veteran Women 35	42:00	
34	IVIN, Susie	Gade Valley Harriers	Senior Women	42:00	
35	DAVIDSON, Sharon	Purple Patch Runners	Senior Women	42:58	
36	HOLFORD, Nora	Kidlington RC	Veteran Women 45	44:26	
37	ZAREMBA, Jenny	Burnham Joggers	Veteran Women 35	44:27	
38	HUGHES, Linda	Burnham Joggers	Veteran Women 35	44:38	
39	LEONARD, Liz		Senior Women	44:55	
40	RYAN, Keeley		Veteran Women 35	44:58	
41	KASHIF, Summen		Senior Women	44:58	
42	LLOYD, Sian		Veteran Women 45	45:20	
43	HOLLINGDALE, Susan	Tanglewood Terriers	Veteran Women 45	45:54	
44	HOCHMUTH, Nicole	Watford Joggers	Senior Women	45:57	
45	MCKEEVER, Marie		Senior Women	46:07	
46	HEASMAN, Jane		Senior Women	46:23	
47	HOLDSWORTH, Catherine		Senior Women	46:26	
48	DANIEL, Elizabeth	Tring RC	Veteran Women 45	46:36	
49	HOWGEGO, Estella		Senior Women	46:42	
50	WARNER, Karen		Veteran Women 35	46:51	
51	WARNER, Abbie		Junior Women	46:51	1st Junior
52	SMART, Sarah		Senior Women	46:55	
53	HARVEY, Louise		Veteran Women 35	46:55	
54	MOUNTSTEVENS, Katie		Veteran Women 35	47:23	
55	ROLT, Jackie	Vale Of Aylesbury	Veteran Women 45	47:35	
56	SHEPHERD, Debbie		Veteran Women 35	48:06	
57	CURTIS, Tessa		Veteran Women 45	48:49	
58	WARD, Joanna		Veteran Women 35	48:51	
59	FORD, Anna	Burnham Joggers	Senior Women	49:29	
60	ROOKER, Rachel		Veteran Women 45	49:41	
61	WHITE, Samantha		Junior Women	50:03	
62	TERRY, Claire		Senior Women	50:07	
63	ATTWOOD, Elspeth		Veteran Women 45	50:11	
64	HAYNE, Tricia		Veteran Women 55	50:41	
65	WEINBERGER, Lucille		Veteran Women 55	50:41	
66	HOWAT, Glynis		Veteran Women 35	50:58	

67	MOONIE, Jane		Senior Women	51:12
68	MACDOWELL, Anne		Veteran Women 45	51:49
69	HALL, Lucy		Senior Women	52:27
70	BRADLEY, Mia	Watford Harriers	Veteran Women 45	53:42
71	TERRY, Claire	Gade Valley Harriers	Senior Women	1:04:05

MEN'S TEAM	PTS	SCORERS	POS	WOMEN'S TEAM	PTS	SCORERS	POS
1 Vale Of Aylesbury	31	MAY, Charlie	2	1 Chiltern Harriers AC	12	QUANTRILL, Sarah	3
		TAYLOR, Rob	4			THOMAS, Sian	4
		CORBETT, Phil	9			YOUNG, Ali	5
		FALLAIZE, Mark	16				
2 Chiltern Harriers AC	42	REPPER, James	3	2 Burnham Joggers	18	NEALE, Tamsin	2
		STEWART, Allan	8			HOLMES, Bev	7
		BERRY, Adrian	11			ANNETTS, Elizabeth	9
		REDINGTON, Andrew	20				
3 Burnham Joggers	72	JOHNSON, Darren	7	3 Vale Of Aylesbury	78	AUSTIN, Julia	6
		ROSE, Chris	15			FALLAIZE, Heather	17
		WALKER, Pete	23			ROLT, Jackie	55
		QUINLEY, James	27				
4 Watford Harriers	106	BRADLEY, Mikk	13	4 Tring RC	95	GOSS, Amy	23
		WALKER, Derek	28			LARK, Rachel	24
		CORY, Tim	32			DANIEL, Elizabeth	48
		RUTTLEY, Paul	33				
5 Handy Cross Runners	136	FULCHER, Frank	6				
		JONES, Alun	22				
		BLAKENEY, Stephen	44				
		ASTLES, Peter	64				
6 Tring RC	188	O'CALLAGHAN, Gregory	12				
		MANNING, John	37				
		LARK, Trevor	54				
		TRAVERS, Mark	85				

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# PEDNOR 5 RACE WALK

Incorporating the Buckinghamshire AA Road Walk Championships

## MEN'S RACE

Place	Time	Name	Club	Race Age Category	Bucks
1	41:26	Francisco Reis	Ilford AC	vet 45	
2	44:46	Peter Ryan	Ilford AC	vet 55	
3	46:41	John Ralph	Chiltern Harriers AC	vet 50	Bucks
4	49:23	Mark Wall	Leicester Walking Club	vet 55	
5	51:08	Christopher Flint	Surrey Walking Club	vet 65	
6	52:18	Michael Harran	Herne Hill Harriers	vet 70	
7	52:48	Alan Roberts	Vale of Aylesbury	vet 50	Bucks
8	52:52	Les Scrivens	Worcester AC	vet 65	
9	53:59	Ted Holmquist	Chiltern Harriers AC	vet 65	Bucks
10	56:26	Andy Newing	Gade Valley Harriers	vet 45	
11	56:58	Trevor Brawn	Chiltern Harriers AC	vet 60	Bucks
12	58:24	Bob Austin	Marshall Milton Keynes AC	vet 60	Bucks
13	58:32	Mike Hickman	Handy Cross Joggers	vet 60	Bucks
14	59:32	David Hoben	Surrey Walking Club	vet 55	
15	61:08	Steve Allen	Barnet & District AC	vet 50	
16	61:35	Bernard Hercock	Enfield & Haringey AC	vet 70	
17	62:09	Mike Morgan	Burnham Joggers	vet 70	Bucks
18	64:22	William Sutherland	Highgate Harriers	vet 65	
19	64:32	Fabian Mills	Dacorum & Tring AC	vet 60	
20	75:35	Allan Flavel	Enfield & Haringey AC	vet 75	

## LADIES RACE

1	48:03	Helen Middleton	Enfield & Haringey AC	vet 45	
2	56:12	Jackie Carver	Unattached	vet 40	Bucks
3	56:30	Norma Grimsey	Enfield & Haringey AC	vet 50	
4	60:38	Sue Rey	Leicester Walking Club	vet 50	
5	61:21	Anna Allen	Unattached	vet 55	
6	67:18	Elsbeth Attwood	Unattached	vet 50	



**BOYS 2 MILE RACE**

1 25:08 Oliver Brook

Chiltern Harriers AC

Under 13

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**PEDNOR 5 CHALLENGE**

The combined times for competitors in both the Pednor 5 Road Race and Road Walk

Posn	Total Time	Name	Club	Walk Time	Run Time
<b><u>LADIES</u></b>					
1	117:29	Elsbeth Attwood	Unattached	67:18	50:11
<b><u>MEN</u></b>					
1	88:54	Alan Roberts	Vale of Aylesbury	52:48	36:06
2	96:16	Andy Newing	Gade Valley Harriers	56:26	39:50
3	99:54	Mike Hickman	Handy Cross Joggers	58:32	41:22
4	100:26	Trevor Brawn	Chiltern Harriers AC	56:58	43:28
5	111:47	Fabian Mills	Dacorum & Tring AC	64:32	47:15