

Chiltern Harriers AC
Pednor 5
Monday 6th May 2024

POS	MEN	WOMEN	No.	COMPETITOR	CLUB	CAT.	TIME	AWARD
1	1		45	ASHBY, Matt	Gade Valley Harriers	SM	27:08	1 ST Man
2	2		163	SHUTE, Adam	Chiltern Harriers AC	M40	27:27	2 nd Man
3	3		90	WOLFF, Daniel	Epsom & Ewell Harriers	SM	27:34	3 rd Man
4	4		291	SUTHERLAND, Sam	Queens Park Harriers	M40	27:51	1 st M40
5	5		240	BEECROFT, Ben	Dacorum AC	M40	28:01	
6	6		280	O'SULLIVAN, David	Watford Joggers	M40	28:12	
7	7		335	STACK, Daire		SM	28:22	
8	8		300	DUGGLEBY, Robert	Queens Park Harriers	SM	28:29	
9	9		94	KIRKHAM, Neil	Victoria Park H & Tower Hamlets AC	SM	28:34	
10	10		320	GILCHRIST, Niall	Ealing Eagles RC	SM	28:38	
11	11		272	HOLDSWORTH, James	Chiltern Harriers AC	JM	28:41	1 st Junior Man
12	12		284	AMES, Mark	Watford Joggers	M40	28:52	
13	13		318	CURSONS, Mark	Harrow AC	M60	29:07	1 st M60
14	14		156	COLLINS, Shaun		SM	29:10	
15	15		210	FLEWITT, Peter	Ealing, Southall & Middlesex	M50	29:11	1 st M50
16	16		2	HEAD, Mark	Tring RC	M40	29:15	
17	17		323	RYAN, Frank	Watford Joggers	M50	29:18	
18	18		125	TURNER, Neil	Chiltern Harriers AC	M50	29:29	
19	19		346	REPPER, James	Chiltern Harriers AC	M50	29:32	
20	20		85	BUTLER, Patrick	Burnham Joggers	M50	29:34	
21	21		359	O'BRIEN, Joseph		JM	29:38	
22	22		310	FOSTER, Colin	Ealing, Southall & Middlesex	M40	29:42	
23	23		50	HORSLEY, Alex	Invicta East Kent	M40	29:47	
24	24		261	DIXON, Thomas	Chiltern Harriers AC	M40	29:54	
25	25		274	HARRISON, Wayne	Ealing, Southall & Middlesex	M40	29:58	
26	26		309	MACK, Thomas	Dacorum AC	SM	30:19	
27	27		302	LYNCH, Archie	Vale of Aylesbury AC	JM	30:33	
28	28		199	KAYE, Seth	Vale of Aylesbury AC	JM	30:59	
29	29		193	TOWNSEND, Simon	Dacorum AC	M50	31:01	
30	30		103	SULLIVAN, Nigel	Burnham Joggers	M50	31:04	
31	31		118	ROBERTS, Jonathan	Gade Valley Harriers	M50	31:10	
32	32		148	PAUL, Alex	Chiltern Harriers AC	SM	31:11	
33	33		66	ADDISON, Mark		SM	31:13	
34	34		266	KRETSCHMER, Luke	Queens Park Harriers	SM	31:21	
35		1	355	ROLFE, Alice	Vale of Aylesbury AC	SF	31:23	1 st Woman
36		2	178	GERRIE, Sarah	Ealing, Southall & Middlesex	F35	31:26	2 nd Woman
37	35		329	KENCROFT, Mark	Ealing, Southall & Middlesex	M50	31:56	
38	36		299	SHIPLEY, Andrew	Tring RC	SM	32:02	
39	37		268	FUENTES, Pablo	Chiltern Harriers AC	M40	32:03	
40	38		314	HOGAN, Paul	Watford Joggers	M50	32:04	
41		3	212	TRIOU, Julie	Ealing, Southall & Middlesex	F35	32:17	3 rd Woman
42	39		101	WHITE, Nicholas		SM	32:17	
43	40		181	SALTER, Josh		SM	32:33	
44		4	275	TOURNANT, Fliss	Watford Joggers	SF	32:35	
45	41		306	NEWING, Stephen	Gade Valley Harriers	M40	32:55	
46	42		305	EMERY, Steve		SM	33:05	
47	43		317	CLARKE, Stuart		M40	33:10	
48	44		278	OLLEY, Christian	Tring RC	M50	33:11	
49		5	258	PENTY-ALVAREZ, Nicola	Hillingdon AC	F35	33:11	1 st F35
50	45		9	MOORE, Mark	Burnham Joggers	M60	33:12	
51	46		30	GRIFFIN, Patrick	Hillingdon AC	M50	33:12	
52	47		285	MOSS, Richard	Chiltern Harriers AC	M40	33:13	

POS	MEN	WOMEN	No.	COMPETITOR	CLUB	CAT.	TIME	AWARD
53	48		304	BAKER, Dominic		M40	33:14	
54	49		361	KORINEK, Mark		M50	33:32	
55	50		80	MOFFAT, Mark		M50	33:42	
56		6	324	YOUNG, Ali	Chiltern Harriers AC	F45	33:45	1 st F45
57	51		283	JEAVONS, Ross		SM	33:47	
58	52		183	BENNIE, Ewan		M40	33:55	
59		7	340	ROBERTS, Carole	Watford Joggers	SF	33:55	
60		8	307	DEELY, Molly	Ealing Eagles RC	SF	34:02	
61		9	166	O'ROURKE, Mairead	Chiltern Harriers AC	F35	34:07	
62	53		286	CHRISTIE, Nick	Queens Park Harriers	SM	34:08	
63	54		41	KENDALL, Roland	Gade Valley Harriers	M50	34:09	
64		10	337	PEARSON, Sarah	Burnham Joggers	F45	34:13	
65	55		289	HANNEN, Ben	Chiltern Harriers AC	M40	34:25	
66		11	308	ROYALS, Katie	Chiltern Harriers AC	SF	34:28	
67	56		77	SHOTTON, Jeff	Hillingdon AC	M40	34:29	
68	57		271	HIGGS, Jamie	Ware Joggers	M40	34:44	
69	58		48	OWEN, Steve		M50	34:57	
70	59		191	HYLTON, Laurence	100 Marathon Club	M40	34:59	
71		12	116	DOWNS, Jessica		F35	35:08	
72	60		341	KAVANAGH, Andrew		SM	35:12	
73	61		16	KINGSBURY, Tom	Burnham Joggers	SM	35:21	
74	62		292	HOOPER, Marcus	St Albans Striders	M50	35:28	
75		13	219	COWPER, Shona	Ealing, Southall & Middlesex	F35	35:42	
76	63		269	HOPPER, John	Dacorum AC	M50	35:48	
77	64		349	PALMER, Richard		M40	35:49	
78	65		20	BACON, Philip		M50	36:11	
79		14	333	EGERTON, Laura	Ealing Eagles RC	F35	36:12	
80	66		311	HIGGINSON, Matthew	Burnham Joggers	SM	36:22	
81		15	52	MORGAN, Kim	Gade Valley Harriers	F45	36:26	
82	67		34	EDWARDS, Marcus	Watford Joggers	M60	36:29	
83	68		155	HOPCROFT, Martin	Tring RC	M60	36:43	
84	69		344	JOHNSON, Adam		SM	36:44	
85	70		336	BOUGHTON, Jack	Gade Valley Harriers	SM	36:49	
86		16	303	BURLLOT, Lucile	Ealing Eagles RC	F35	37:02	
87		17	158	SPENCER, Melanie	Hillingdon AC	F45	37:19	
88		18	128	CHOLAWO, Helen	Chiltern Harriers AC	F35	37:23	
89	71		339	TIKARAM, Mark	Tring RC	M50	37:24	
90	72		352	BADDON, Richard	Tring RC	M50	37:28	
91	73		117	DOWNS, Sam		M40	37:29	
92	74		7	LINDO, Hilton	Burnham Joggers	M50	37:30	
93	75		246	BATES, Neil	Chiltern Harriers AC	M40	37:37	
94	76		198	ALEXANDER, Martin	Gade Valley Harriers	M60	37:42	
95	77		141	GREEN, Daniel	Gade Valley Harriers	SM	37:45	
96	78		76	SASADA, Paul	Burnham Joggers	M60	37:50	
97	79		184	BAKKES, Riaan	Hazlemere Runners	M50	37:52	
98		19	132	FROST, Kathryn		F45	37:56	
99		20	267	MOSS, Sylvia	Chiltern Harriers AC	F45	38:01	
100	80		277	HOLDSWORTH, Mark		M40	38:20	
101	81		112	CAIRNS, Allan	Chiltern Harriers AC	M40	38:21	
102	82		8	WILLIAMS, Colin	Watford Joggers	M60	38:28	
103	83		13	COPPOCK, Dan		M40	38:34	
104	84		316	LAIDLAW, Robert		SM	38:41	
105	85		188	LIGGINS, Mark	Chiltern Harriers AC	M40	38:42	
106		21	15	COLEMAN, Jennifer	Burnham Joggers	F35	38:43	
107		22	99	CUTHBERT, Lucy	Vale of Aylesbury AC	JF	38:45	1 st Junior Woman
108	86		1	TALLACK, John	Hazlemere Runners	M50	38:47	
109	87		159	SALMON, Jon	Tring RC	M60	38:51	
110	88		347	HARRISON, Matt	Hazlemere Runners	SM	38:52	

POS	MEN	WOMEN	No.	COMPETITOR	CLUB	CAT.	TIME	AWARD
111		23	78	STUBBERFIELD, Jenny	Gade Valley Harriers	SF	38:53	
112		24	330	ESSLEMONT, Amanda	Vale of Aylesbury AC	F45	38:58	
113	89		12	BENNET, Peter	Cambridge & Coleridge	M60	39:00	
114	90		110	SPEED, Andrew	Burnham Joggers	M50	39:06	
115	91		290	CORRIGAN, Lee	Chiltern Harriers AC	SM	39:08	
116	92		273	CORLETT, Nicholas	Hazlemere Runners	SM	39:08	
117	93		214	PERRY, Wayne	Watford Joggers	M40	39:09	
118	94		137	MONTGOMERY, Jim	Watford Joggers	M40	39:15	
119		25	249	LAWSON, Rebecca	Chiltern Harriers AC	JF	39:18	
120	95		203	LAWSON, Ian	Chiltern Harriers AC	M50	39:18	
121	96		251	MANNING, Ed		M40	39:25	
122	97		194	TREMAINE, Robin	Watford Joggers	M60	39:28	
123	98		59	ASH, Matt		M40	39:32	
124	99		3	COOPER, Richard		M40	39:33	
125	100		74	O'LEARY, David		M40	39:34	
126		26	313	ILES, Naomi	Gade Valley Harriers	F35	39:44	
127	101		10	WATSON, Tony	Sudbury Court RC	M60	39:48	
128		27	33	WILSON, Lynn	Ealing, Southall & Middlesex	F65	39:54	1 st F55
129	102		86	HORIGAN, Tom		M50	39:56	
130	103		213	MAURY, Nicolas	Barnet & District AC	M40	39:56	
131		28	87	COBB, Karen	Burnham Joggers	F55	40:04	
132		29	322	WARNE, Lindsey		F45	40:08	
133		30	296	BILL, Lyndsey	Chiltern Harriers AC	F35	40:23	
134		31	5	BONNICK, Clare	Watford Joggers	F55	40:29	
135	104		38	TRAILL, Tom		SM	40:33	
136	105		276	WING, Jozef	Hillingdon AC	SM	40:41	
137		32	109	TULLIE, Helen	Tring RC	F45	40:47	
138		33	297	ALIAJ, Julia	Chiltern Harriers AC	F35	40:49	
139		34	93	PERRY, Jo	Watford Joggers	F45	41:00	
140	106		279	HILL, Greg	Watford Joggers	M70	41:07	
141		35	129	LETHAM, Karen		F35	41:20	
142	107		27	LOVELL, Warren	Burnham Joggers	M50	41:21	
143	108		282	WOOD, Chris		SM	41:27	
144	109		253	BOOTH, Rich		SM	41:32	
145		36	270	HOPPER, Louisa	Dacorum AC	F45	41:36	
146	110		19	K, Arvinder		M40	41:41	
147	111		356	DYER, Paul		M50	41:42	
148	112		321	CURRIE, Paul		M40	41:45	
149	113		46	BLOOM, Richard	Herts Phoenix	M70	41:51	
150	114		200	HUGHES, Howard		M50	41:54	
151		37	319	NIGHTINGALE, Sarah		F35	42:14	
152		38	298	HOPKINS, Rosa	Burnham Joggers	SF	42:17	
153		39	342	HOUSTON, Hermione		F55	42:21	
154	115		350	PEIRSON, Ben		SM	42:25	
155	116		98	HARRISON, Ed	Hillingdon AC	M40	42:29	
156	117		328	MUMFORD, George		SM	42:34	
157	118		327	MUMFORD, Tony	Hazlemere Runners	M50	42:35	
158		40	83	SHARMAN, Sarah	Watford Joggers	F55	42:42	
159		41	325	ROBERTS, Sarah	Watford Joggers	F35	42:44	
160	119		32	GARRETT, Martin	Sudbury Court RC	M70	42:46	
161	120		63	HUDDLESTONE, Jason		M50	42:47	
162	121		164	SOMERVILLE, Andrew	Burnham Joggers	M60	42:53	
163		42	170	BATES, Jordane	Bearbrook Running & Triathlon Club	SF	42:55	
164	122		257	JAMES, Ross		SM	42:57	
165		43	133	COTTRILL, Angeline	Gade Valley Harriers	F45	43:03	
166	123		95	WHITE, Richard	Tring RC	M60	43:10	
167		44	122	HAFFENDEN, Rachel	Gade Valley Harriers	F45	43:11	
168		45	293	SCHLAUCH, Carrie		F45	43:13	

POS	MEN	WOMEN	No.	COMPETITOR	CLUB	CAT.	TIME	AWARD
169		46	237	JACKSON, Mandy	Dacorum AC	F65	43:15	
170	124		24	VENNIX, Dirk		M60	43:22	
171		47	315	HOLROYD, Natalie		SF	43:23	
172	125		354	ECHLIN, William		M50	43:27	
173		48	70	GORF, Becky		F35	43:35	
174	126		256	MCNALLY, Alex	Dacorum AC	SM	43:36	
175		49	62	HOOPER, Sarah	Bearbrook Running & Triathlon Club	F35	43:42	
176		50	295	DENETTO, Roma	Queens Park Harriers	SF	43:45	
177		51	171	PREINING, Notburga	Burnham Joggers	F55	43:46	
178		52	331	ESSELMONT, Iona	Vale of Aylesbury AC	JF	43:48	
179		53	79	IVIN, Susie	Gade Valley Harriers	F45	43:55	
180		54	28	HEYDECKER, Deirdre	St Albans Striders	F65	44:08	
181		55	332	MELLOR, Lyn	Chiltern Harriers AC	F55	44:10	
182	127		89	WOLFF, Paul	Epsom & Ewell Harriers	M50	44:23	
183		56	348	CREPINEAU, Julia	Burnham Joggers	F45	44:29	
184	128		75	COBAIN, Dane		SM	44:31	
185	129		124	LILLIE, David	Hazlemere Runners	M50	44:32	
186		57	47	ELDER, Nicola		F35	44:44	
187		58	189	COOK, Maria	Tring RC	F55	44:45	
188		59	143	LEMON, Harriet	Chiltern Harriers AC	F55	45:03	
189		60	252	MANN, Liz	Ealing, Southall & Middlesex	F55	45:05	
190	130		105	KENISON, Robert	Watford Joggers	M70	45:10	
191	131		114	FRY, Mark	Chiltern Harriers AC	M60	45:12	
192		61	91	LALLY, Gurmeet	Ealing, Southall & Middlesex	F55	45:17	
193	132		108	KIPPAX, Nigel	Tring RC	M60	45:20	
194	133		294	SPIKINGS, David		M40	45:21	
195		62	262	ALLEN, Ali	Burnham Joggers	F65	45:30	
196		63	338	REYNOLDS, Charlotte		F55	45:31	
197	134		179	APPLETON, Shaun		M50	46:00	
198		64	157	SAUNDERS, Judi		F55	46:12	
199		65	197	ADOLPH, Rhona	Tring RC	F55	46:14	
200		66	97	DOWNS, Ursula ZAGERMAN VAUGHAN,		F65	46:27	
201		67	281	Morgan		SF	46:32	
202	135		73	PENNY, Barry		M50	46:33	
203	136		196	PITKIN, Chris	Chiltern Harriers AC	M40	46:42	
204		68	11	CASEY, Phaedra	Burnham Joggers	F45	46:43	
205	137		115	HILL, Stan		M60	46:49	
206		69	55	HUNT, Diane	St Albans Striders	F55	46:53	
207	138		29	TORRANCE, Andy	Hillingdon AC	M60	46:57	
208	139		202	STORRIE, Martin	Gade Valley Harriers	M60	47:15	
209		70	312	WRIGHT, Kerry		F55	47:17	
210		71	301	SMITH, Helen	Hillingdon AC	F45	47:18	
211		72	107	KIPPAX, Anne	Tring RC	F55	47:32	
212	140		343	HALL, Stephen		M50	47:35	
213		73	161	DANIEL, Elizabeth	Tring RC	F55	47:40	
214		74	351	MOGAN, Sandra	Tring RC	F55	47:57	
215		75	288	RIMMER, Bev		SF	48:15	
216		76	96	WHITE, Shirley	Tring RC	F65	48:32	
217		77	151	MUMFORD, Sarah	St Albans Striders	F55	48:47	
218	141		358	ILLIDGE, Chris		M50	48:48	
219		78	139	COLTMAN, Sarah	Watford Joggers	F45	49:14	
220	142		39	VANSON, Nick	Ealing, Southall & Middlesex	M60	49:20	
221		79	35	EDWARDS, Angela	Watford Joggers	F55	49:24	
222		80	260	KEENE, Patricia	Burnham Joggers	F65	49:30	
223		81	287	BROOKS, Adie		F45	49:38	
224	143		190	HARBROW, Andy		M50	49:39	
225		82	53	CASSIDY, Linda	St Albans Striders	F45	50:05	
226	144		334	TETRO, Giuseppe	Hillingdon AC	SM	50:21	

POS	MEN	WOMEN	No.	COMPETITOR	CLUB	CAT.	TIME	AWARD
227		83	71	BESADA, Lorena		SF	50:43	
228	145		72	BRYANT, Tommy		SM	50:43	
229		84	360	RIZZI, Natalie		F55	50:46	
230	146		259	KEENE, Oliver	Burnham Joggers	M60	50:47	
231	147		17	JENNER, John	Burnham Joggers	M70	52:08	
232	148		49	GREEN, Peter	Gade Valley Harriers	M60	52:20	
233	149		14	ADENIGBAGBE, Adewale	Sudbury Court RC	M50	52:22	
234	150		6	BONNICK, Ian	Watford Joggers	M60	52:33	
235	151		58	DHONSI, Jatindar		M40	53:25	
236	152		68	TAYLOR, Keith	Watford Joggers	M60	53:55	
237	153		255	WILKINS, Derek	Burnham Joggers	M60	53:57	
238		85	131	DOBSON, Kathryn	Vegan Runners UK	F35	54:35	
239	154		88	COBB, Russell	Burnham Joggers	M60	54:56	
240		86	263	KING, Olivia		SF	55:07	
241	155		264	KING, Doug		M70	55:09	
242		87	51	ZAREMBA, Jenny	Burnham Joggers	F45	55:21	
243		88	357	CALDER, Fiona	Chiltern Harriers AC	F35	55:50	
244		89	265	GAUNA, Hilary	Burnham Joggers	F65	56:09	
245		90	18	GROOME, Lynda	Burnham Joggers	F65	62:01	

Full Team Results

	MEN'S TEAM	POINTS	WOMEN'S TEAM	POINTS
1	Chiltern Harriers	50	Ealing, Southall & Middx	18
2	Watford Joggers	73	Chiltern Harriers	26
3	Ealing, Southall & Middx	97	Ealing Eagles	38
4	Queens Park Harriers	99	Watford Joggers	42
5	Dacorum AC	123	Vale of Aylesbury	47
6	Gade Valley Harriers	127	Burnham Joggers	59
7	Burnham Joggers	156	Gade Valley Harriers	64
8	Tring RC	164	Hillingdon AC	93
9	Hillingdon AC	323	Tring RC	155
10	Hazlemere Runners	345	St Albans Striders	200

Hertfordshire Veterans Championship Men's Race

POSN	COMPETITOR	CLUB	CATEGORY	TIME
1	BEECROFT, Ben	Dacorum AC	M40	28:01
2	O'SULLIVAN, David	Watford Joggers	M40	28:12
3	AMES, Mark	Watford Joggers	M40	28:52
4	HEAD, Mark	Tring RC	M40	29:15
5	RYAN, Frank	Watford Joggers	M50	29:18
6	HORSLEY, Alex	Invicta East Kent	M40	29:47
7	MACK, Thomas	Dacorum AC	SM	30:19
8	TOWNSEND, Simon	Dacorum AC	M50	31:01
9	ROBERTS, Jonathan	Gade Valley Harriers	M50	31:10
10	HOGAN, Paul	Watford Joggers	M50	32:04
11	NEWING, Stephen	Gade Valley Harriers	M40	32:55
12	MOSS, Richard	Chiltern Harriers AC	M40	33:13
13	KENDALL, Roland	Gade Valley Harriers	M50	34:09
14	HIGGS, Jamie	Ware Joggers	M40	34:44
15	OWEN, Steve		M50	34:57
16	HOPPER, John	Dacorum AC	M50	35:48
17	EDWARDS, Marcus	Watford Joggers	M60	36:29
18	ALEXANDER, Martin	Gade Valley Harriers	M60	37:42
19	WILLIAMS, Colin	Watford Joggers	M60	38:28
20	SALMON, Jon	Tring RC	M60	38:51
21	PERRY, Wayne	Watford Joggers	M40	39:09
22	MONTGOMERY, Jim	Watford Joggers	M40	39:15
23	TREMAINE, Robin	Watford Joggers	M60	39:28
24	MAURY, Nicolas	Barnet & District AC	M40	39:56
25	HILL, Greg	Watford Joggers	M70	41:07
26	BLOOM, Richard	Herts Phoenix	M70	41:51
27	KENISON, Robert	Watford Joggers	M70	45:10
28	STORRIE, Martin	Gade Valley Harriers	M60	47:15
29	GREEN, Peter	Gade Valley Harriers	M60	52:20
30	BONNICK, Ian	Watford Joggers	M60	52:33
31	TAYLOR, Keith	Watford Joggers	M60	53:55

Hertfordshire Veterans Championship Women's Race

POSN	COMPETITOR	CLUB	CATEGORY	TIME
1	MORGAN, Kim	Gade Valley Harriers	F45	36:26
2	MOSS, Sylvia	Chiltern Harriers AC	F45	38:01
3	ILES, Naomi	Gade Valley Harriers	F35	39:44
4	WARNE, Lindsey		F45	40:08
5	BONNICK, Clare	Watford Joggers	F55	40:29
6	TULLIE, Helen	Tring RC	F45	40:47
7	PERRY, Jo	Watford Joggers	F45	41:00
8	SHARMAN, Sarah	Watford Joggers	F55	42:42
9	ROBERTS, Sarah	Watford Joggers	F35	42:44
10	COTTRILL, Angeline	Gade Valley Harriers	F45	43:03
11	HAFFENDEN, Rachel	Gade Valley Harriers	F45	43:11
12	JACKSON, Mandy	Dacorum AC	F65	43:15
13	IVIN, Susie	Gade Valley Harriers	F45	43:55
14	HEYDECKER, Deirdre	St Albans Striders	F65	44:08
15	HUNT, Diane	St Albans Striders	F55	46:53
16	DANIEL, Elizabeth	Tring RC	F55	47:40
17	MUMFORD, Sarah	St Albans Striders	F55	48:47
18	COLTMAN, Sarah	Watford Joggers	F45	49:14
19	EDWARDS, Angela	Watford Joggers	F55	49:24

Hertfordshire Veterans Championship Team Results

	MEN'S TEAM	POINTS	WOMEN'S TEAM	POINTS
1	Watford Joggers	20	Gade Valley Harriers	14
2	Dacorum AC	32	Watford Joggers	20
3	Gade Valley Harriers	51	St Albans Striders	46

Buckinghamshire Championship Men's Race

POSN	COMPETITOR	CLUB	CATEGORY	TIME
1	SHUTE, Adam	Chiltern Harriers AC	M40	27:27
2	STACK, Daire		SM	28:22
3	HOLDSWORTH, James	Chiltern Harriers AC	JM	28:41
4	TURNER, Neil	Chiltern Harriers AC	M50	29:29
5	REPPER, James	Chiltern Harriers AC	M50	29:32
6	BUTLER, Patrick	Burnham Joggers	M50	29:34
7	DIXON, Thomas	Chiltern Harriers AC	M40	29:54
8	LYNCH, Archie	Vale of Aylesbury AC	JM	30:33
9	KAYE, Seth	Vale of Aylesbury AC	JM	30:59
10	SALTER, Josh		SM	32:33
11	MOORE, Mark	Burnham Joggers	M60	33:12
12	HIGGINSON, Matthew	Burnham Joggers	SM	36:22
13	LAWSON, Ian	Chiltern Harriers AC	M50	39:18
14	LOVELL, Warren	Burnham Joggers	M50	41:21
15	DYER, Paul		M50	41:42

Buckinghamshire Championship Women's Race

POSN	COMPETITOR	CLUB	CATEGORY	TIME
1	ROLFE, Alice	Vale of Aylesbury AC	SF	31:23
2	YOUNG, Ali	Chiltern Harriers AC	F45	33:45
3	O'ROURKE, Mairead	Chiltern Harriers AC	F35	34:07
4	PEARSON, Sarah	Burnham Joggers	F45	34:13
5	ROYALS, Katie	Chiltern Harriers AC	SF	34:28
6	LAWSON, Rebecca	Chiltern Harriers AC	JF	39:18
7	CASEY, Phaedra	Burnham Joggers	F45	46:43
8	MOGAN, Sandra	Tring RC	F55	47:57