

CHILTERN HARRIERS A.C.

SHARDELOES 10k

17th SEPTEMBER 2017

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RESULTS

Note: Competitors are eligible for one individual prize only

Men's Race Prize Winners:

Seniors	1st	Allan Stewart	Chiltern Harriers AC	37:28
	2nd (V40)	Nick Hughes	Chiltern Harriers AC	37:37
	3rd (Jun)	Richard Slade	Chiltern Harriers AC	39:38
Veterans 40-49	1st	Simon Sikora	Marlow Striders	40:16
Veterans 50-59	1st	Michael Turney	Chiltern Harriers AC	42:54
Veterans 60+	1st	Robin Tremaine	Trent Park Trotters	47:03
Junior (U20)	1st	Sam Hames		55:39
Team (4 to score)	1st	Chiltern Harriers	Allan Stewart Nick Hughes Richard Slade George Gillingwater	1st 2nd 3rd 4th

Women's Race Prize Winners:

Seniors	1st	Louise Fry	Chiltern Harriers AC	45:29
	2nd (V40)	Claire Pusey	Burnham Joggers	46:28
	3rd (V40)	Susan Jarman	Chiltern Harriers AC	47:28
Veterans 50-59	1st	Kate Loach	Chiltern Harriers AC	48:48
Veterans 60+	1st	Sharon Kassemzadeh	Watford Joggers	52:27
Veterans 40-49	1st	Natasha Page		54:25
Junior (U20)	1st	Beth Saul		65:39
Team (3 to score)	1st	Chiltern Harriers	Louise Fry Susan Jarman Ellie Bates	1st 3rd 4th

Fun Team Competition:

Fun Team (4 to score)	1st	GEHC	Clark Schofield David Breingan Jan Wolber Barry Comben	13th 25th 43rd 93rd
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Full Team Results

	MEN	Pts.	WOMEN	Pts.	FUN*	Pts
1st	Chiltern Harriers	10	Chiltern Harriers	8	GEHC	174
2nd	Dacorum & Tring	40	Marlow Striders	101		
3rd	Burnham Joggers	101				
4th	Marlow Striders	252				

*Fun Teams can be mixed gender and the points score is based on overall finish positions.

SHARDELOES 10k – 17TH SEPTEMBER 2017

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
1	1		STEWART, Allan	Chiltern Harriers AC	Senior Men	37:28
2	2		HUGHES, Nick	Chiltern Harriers AC	Veteran Men 40	37:37
3	3		SLADE, Richard	Chiltern Harriers AC	Junior Men	39:38
4	4		GILLINGWATER, George	Chiltern Harriers AC	Senior Men	39:49
5	5		FERGUSON, James		Senior Men	40:11
6	6		SIKORA, Simon	Marlow Striders	Veteran Men 40	40:16
7	7		ODDY, Phillip	Dacorum & Tring	Senior Men	40:22
8	8		MELVILLE-SMITH, Alistair	Chiltern Harriers AC	Veteran Men 40	40:50
9	9		SULLIVAN, Nigel	Burnham Joggers	Veteran Men 40	41:06
10	10		JONES, Lewis	Dacorum & Tring	Senior Men	41:10
11	11		CARPENTER, Mike	Dacorum & Tring	Senior Men	41:18
12	12		MARIEN, Jamie	Dacorum & Tring	Senior Men	41:21
13	13		SCHOFIELD, Clark	GEHC (F)	Veteran Men 40	41:49
14	14		LEFEBVRE, Manuel	Dacorum & Tring	Senior Men	41:55
15	15		BARRETT, Darren		Veteran Men 40	42:05
16	16		BROWN, Neil	Basingstoke & Mid Hants	Senior Men	42:42
17	17		HICKMAN, Andy	Chiltern Harriers AC	Veteran Men 40	42:43
18	18		TURNERY, Michael	Chiltern Harriers AC	Veteran Men 50	42:54
19	19		ROBERTS, Dave		Veteran Men 40	43:16
20	20		DIXON, Tom	Chiltern Harriers AC	Senior Men	43:33
21	21		CLARK, Richard	Chiltern Harriers AC	Senior Men	43:37
22	22		HUMPHREY, Derek	Burnham Joggers	Veteran Men 50	43:45
23	23		HOLMES, Ashley	Chiltern Harriers AC	Senior Men	44:03
24	24		MCALISTER, Stephen		Veteran Men 50	44:16
25	25		BREINGAN, David	Chiltern Harriers / GEHC (F)	Veteran Men 50	45:13
26	26		ROONEY, Sean	Burnham Joggers	Veteran Men 40	45:15
27		1	FRY, Louise	Chiltern Harriers AC	Senior Women	45:29
28	27		HUMPHREY, Andrew		Senior Men	45:31
29	28		SHERFIELD, Will		Veteran Men 40	45:36
30	29		BIRKINSHAW, Julian		Veteran Men 50	45:55
31	30		JACKSON, Simon	Chiltern Harriers AC	Veteran Men 40	46:03
32	31		BAKER, Dan		Veteran Men 40	46:18
33	32		CHRISTIE, Paul	Dacorum & Tring	Veteran Men 40	46:19
34		2	PUSEY, Claire	Burnham Joggers	Veteran Women 40	46:28
35	33		WORSFOLD, Mike	Chiltern Harriers AC	Veteran Men 40	46:34
36	34		POOLEY, Robert		Senior Men	46:38
37	35		WILLIAMS, David	Chiltern Harriers AC	Senior Men	46:48
38	36		ARMSTRONG, Alexander		Senior Men	46:52
39	37		SLADE, Jonathan		Senior Men	47:01
40	38		REIDY, Ben		Senior Men	47:02
41	39		TREMAINE, Robin	Trent Park RC	Veteran Men 60	47:03
42	40		LAWSON, Ian	Chiltern Harriers AC	Veteran Men 40	47:06
43	41		WOLBER, Jan	GEHC (F)	Veteran Men 40	47:09
44	42		COMMER, Chris	Peckham Striders	Veteran Men 40	47:10
45	43		FRY, Shaun	Chiltern Harriers AC	Senior Men	47:17
46	44		MOORE, Mark	Burnham Joggers	Veteran Men 50	47:24
47		3	JARMAN, Susan	Chiltern Harriers AC	Veteran Women 40	47:28
48	45		RAMSELL, Scott		Senior Men	47:41
49	46		WYLIE, Trelawny		Senior Men	47:43
50		4	BATES, Ellie	Chiltern Harriers AC	Senior Women	47:48
51		5	DENCH, Rachel		Senior Women	47:58
52	47		WRIGHT, Ed	Chiltern Harriers AC	Veteran Men 40	48:33
53	48		MARTIN, Richard		Veteran Men 40	48:45
54		6	LOACH, Kate	Chiltern Harriers AC	Veteran Women 50	48:48
55	49		CZARNECKI, Piotr		Senior Men	49:00
56	50		HOWELLS, David	Chiltern Harriers AC	Senior Men	49:03
57	51		COOPER, Neil	Chiltern Harriers AC	Veteran Men 60	49:07
58	52		WALKER, Peter	Burnham Joggers	Veteran Men 50	49:11
59	53		CROSS, Peter	Belgrave Harriers	Veteran Men 60	49:20
60	54		BALLIKAYA, Musa		Senior Men	49:33
61	55		HART, Simon		Senior Men	49:35
62	56		MORRIS, Craig		Veteran Men 40	49:37
63	57		THOMPSON, Michael	Marlow Striders	Veteran Men 60	49:37
64	58		IBRAHIM, Nader		Senior Men	49:39
65	59		SNAPE, Tim		Senior Men	49:50
66	60		BRADLEY, Mikk	Watford Harriers	Veteran Men 60	49:52
67	61		TUNCER, Coskun		Senior Men	49:59
68	62		CONWAY, Simon	Chiltern Harriers AC	Veteran Men 40	50:09

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
69	63		PRICE, Michael	Marlow Striders	Senior Men	50:17
70	64		LLOYD, Richard		Veteran Men 40	50:29
71	65		DIGBY, Grant		Senior Men	50:36
72	66		SPEED, Matt		Senior Men	50:39
73	67		CARRIVICK, Luke		Senior Men	50:48
74	68		WALTER, Dom		Senior Men	50:50
75	69		MALACRIDA, Richard		Senior Men	50:54
76	70		MARTIN, Glen	Chiltern Harriers AC	Veteran Men 40	50:59
77	71		BAILEY, Michael		Veteran Men 40	51:07
78	72		BUCKLEY, Phil		Veteran Men 40	51:08
79		7	CHOLAWO, Helen		Senior Women	51:09
80	73		PENDRIGH, Stephen		Senior Men	51:10
81	74		GREGORY, Brian	Chiltern Harriers AC	Veteran Men 40	51:19
82	75		WHITE, James		Senior Men	51:23
83	76		FINEGAN, Luke		Senior Men	51:27
84		8	ATTRIDGE, Michelle		Senior Women	51:37
85	77		HOFF, Nigel		Veteran Men 50	51:42
86	78		GETLEY, Scott		Veteran Men 40	51:45
87	79		BARROWS, Tony	Bearbrook RC	Veteran Men 60	52:02
88	80		JONES, Nick		Veteran Men 50	52:03
89	81		SHARP, Ben		Veteran Men 50	52:07
90	82		SAUL, David	Chiltern Harriers AC	Veteran Men 50	52:10
91	83		WALKER, Philip		Senior Men	52:19
92		9	KASSEMZADEH, Sharon	Watford Joggers	Veteran Women 60	52:27
93	84		COMBEN, Barry	GEHC (F)	Veteran Men 50	52:32
94	85		DAVIES, Simon		Veteran Men 40	52:37
95	86		MOORE, Daniel		Senior Men	52:49
96	87		STEARNS, Matthew	Dacorum & Tring	Veteran Men 60	52:54
97	88		LAWRENCE, Matthew	Chiltern Harriers AC	Veteran Men 40	53:03
98		10	ALIAJ, Julia	Chiltern Harriers AC	Senior Women	53:12
99	89		COX, Matthew		Senior Men	53:24
100	90		EVANS, Stuart		Veteran Men 40	53:29
101	91		MAW, Richard	St Albans Striders	Veteran Men 60	53:40
102		11	LANG, Beth	Chiltern Harriers AC	Senior Women	53:43
103	92		SMITH, John		Veteran Men 70	54:09
104	93		NUNN, Geoffrey		Veteran Men 40	54:12
105	94		LADLOW, Adam		Senior Men	54:13
106	95		LOWE, Simon		Veteran Men 50	54:17
107	96		HATTON, Daniel	Vegetarian Cycling & AC	Senior Men	54:19
108		12	PAGE, Natasha		Veteran Women 40	54:25
109	97		MCCARTHY, Paul		Veteran Men 40	54:26
110	98		DUNWOODY, Richard		Veteran Men 50	54:29
111		13	WILSON, Lynn	Ealing, Southall & Middlesex	Veteran Women 60	54:38
112	99		ELLIOTT, Gary		Veteran Men 50	54:45
113		14	HAYERS, Laura	Chiltern Harriers AC	Senior Women	54:49
114	100		CHANNER, Matt	Chiltern Harriers AC	Veteran Men 40	54:49
115	101		TAYLOR, Chris		Senior Men	55:04
116	102		MASON, Andy		Veteran Men 50	55:06
117		15	NOAD, Joy		Veteran Women 50	55:16
118	103		BODDINGTON, John		Veteran Men 40	55:33
119		16	WALKER, Emma		Senior Women	55:35
120	104		HAMES, Sam		Junior Men	55:39
121	105		SMITH, Ian	Handy Cross Runners	Veteran Men 60	55:41
122	106		MCPARTLAN, Paul		Veteran Men 40	55:49
123	107		WALKER, Simon		Veteran Men 40	55:55
124	108		DYER, Paul		Veteran Men 40	55:59
125	109		COLLINGE, Steve		Veteran Men 40	56:12
126	110		PAUL, Alistair		Senior Men	56:24
127	111		PEARCE, Paul	Chiltern Harriers AC	Veteran Men 40	56:31
128	112		MASON, Eddie		Senior Men	56:31
129	113		FERGUSON, Ian		Veteran Men 60	56:50
130	114		KING, Jade		Senior Men	56:51
131	115		FRY, Mark	Chiltern Harriers AC	Veteran Men 50	56:54
132		17	CONN, Joanna	Serpentine RC	Veteran Women 40	57:01
133		18	RUCZKOWSKI, Julia		Veteran Women 40	57:06
134	116		KITTLE, Dave	On The Run	Veteran Men 50	57:13
135	117		HALL, Malcolm		Veteran Men 60	57:16
136		19	BOLDEN, Melanie		Veteran Women 40	57:17
137		20	SANDERS, Claire		Senior Women	57:19
138	118		BLUNDELL, Mark		Veteran Men 50	57:23

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
139	119		SHAWCROSS, Dan		Veteran Men 40	57:25
140	120		CARROLL, John		Veteran Men 40	57:28
141		21	MCALISTER, Gillian		Veteran Women 50	57:33
142	121		HILL, Greg	Watford Joggers	Veteran Men 60	57:34
143		22	MELLOR, Lyn	Chiltern Harriers AC	Veteran Women 50	57:36
144	122		ALLSOPP, Derek		Veteran Men 50	57:42
145	123		RADBAND, Chris		Senior Men	57:45
146		23	THOMPSON, Oonagh	Marlow Striders	Veteran Women 60	57:47
147	124		HOLDER, Matt		Senior Men	57:56
148	125		WILSON, Stuart		Senior Men	58:01
149	126		COLEMAN, Steve	Marlow Striders	Veteran Men 50	58:02
150	127		TURNER, Dominic		Veteran Men 60	58:07
151	128		QASAM, Jazz		Senior Men	58:10
152		24	MARTIN, Clare		Veteran Women 40	58:11
153	129		MERCER, John		Veteran Men 50	58:13
154		25	MCCARTHY, Megan		Senior Women	58:16
155	130		BARNES-HEATH, Russell		Veteran Men 50	58:59
156	131		KUMAR, Raman		Senior Men	59:00
157	132		WILSON, Martin	Ealing, Southall & Middlesex	Veteran Men 60	59:12
158	133		BRAWN, Trevor	Chiltern Harriers AC	Veteran Men 60	59:21
159		26	GETTINGS, Jules	Tring RC	Senior Women	59:24
160	134		CLISH, Tony	Burnham Joggers	Veteran Men 50	59:27
161	135		BURTON, David		Veteran Men 50	59:34
162		27	DIGBY, Emma		Veteran Women 40	59:38
163		28	POOL, Susie		Senior Women	59:41
164		29	FERGUSON, Sue		Veteran Women 50	59:42
165	136		BOYDEN-WILSON, Steve	Chiltern Harriers AC	Veteran Men 50	59:54
166	137		STASIUK, Stefan	Burnham Joggers	Veteran Men 60	60:00
167		30	BEDLOW, Emma		Senior Women	60:09
168	138		MOORE, Christen		Senior Men	60:14
169	139		PROBERT, Alan	Maidstone Harriers	Veteran Men 50	60:20
170	140		HODGE, Hugo		Veteran Men 60	60:22
171		31	WELSFORD, Louise	Burnham Joggers	Veteran Women 50	60:27
172	141		SOPHOCLIDES, Michael		Veteran Men 50	60:29
173	142		AMOS-YEO, Barry		Senior Men	60:37
174	143		WARREN, Andrew		Veteran Men 50	60:45
175		32	SWEETING, Karen		Veteran Women 50	60:45
176	144		BURKE, Chris		Veteran Men 50	60:52
177		33	BOWLES, Ann	Marlow Striders	Veteran Women 60	60:58
178		34	MAYOT, Lauren		Senior Women	61:05
179	145		MAYOT, Vincent		Veteran Men 40	61:05
180	146		HARNETT, Oilly		Veteran Men 50	61:12
181	147		STEVENS, Rob		Senior Men	61:25
182	148		BROWN, Garry		Veteran Men 40	61:49
183		35	HAMES, Mell		Veteran Women 40	61:52
184	149		CRIBBENS, John		Veteran Men 40	61:53
185	150		SCOTT, David		Senior Men	61:56
186		36	DAY, Katherine	Chiltern Harriers AC	Veteran Women 40	62:00
187		37	KEMPSON, Miriam	Chiltern Harriers AC	Veteran Women 50	62:19
188		38	LOWE, Helen		Veteran Women 50	62:22
189	151		FLEMING, Andrew		Veteran Men 40	62:31
190	152		WHITTINGTON, Michael		Senior Men	62:35
191		39	WILSON, Samantha		Senior Women	62:39
192		40	AMOS-YEO, Saori		Senior Women	62:56
193		41	ORR, Katherine	Hazlemere Runners	Veteran Women 40	63:02
194	153		BRAHAM, Stephen		Veteran Men 40	63:02
195		42	TAYLOR, Tia		Senior Women	63:03
196	154		CRAWSHAW, Roger	High Wycombe HHH	Veteran Men 60	63:05
197		43	O'BRIEN, Madelaine		Senior Women	63:12
198		44	FINCH, Tamsin	Chiltern Harriers AC	Veteran Women 40	63:29
199		45	SCEVITY, Amy	Marlow Striders	Senior Women	63:36
200		46	LEMON, Harriet	Chiltern Harriers AC	Veteran Women 40	63:54
201	155		LARKIN, Jason		Veteran Men 40	64:46
202	156		SMITH, Christopher		Senior Men	65:23
203		47	SAUL, Beth		Junior Women	65:39
204		48	LAURALEE, Briggs		Veteran Women 40	65:41
205	157		SIBLEY, Patrick		Veteran Men 60	65:54
206	158		SIMMONS, Luke		Junior Men	65:57
207	159		SIMMONS, Jack		Junior Men	65:59
208		49	ALLEN, Barbara	Datchet Dashers	Veteran Women 60	66:02

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
209		50	NOTTAGE, Ssamantha		Veteran Women 40	66:05
210	160		SIMMONS, Mark		Veteran Men 50	66:12
211		51	HALL, Jackie		Veteran Women 50	66:42
212		52	WENBERG, Eunice		Veteran Women 50	66:51
213		53	LIDBURY, Vicky		Senior Women	66:53
214		54	BARRETT, Andrea		Senior Women	67:00
215		55	KIRWAN, Dani		Senior Women	67:10
216	161		MACNAMARA, Kris		Senior Men	67:20
217	162		NOLAN, Joe	British Airways	Veteran Men 60	67:22
218	163		HOLMES, Peter		Veteran Men 60	67:44
219		56	RICH, Zosia		Veteran Women 40	67:51
220		57	BODDINGTON, Vanessa		Veteran Women 40	68:23
221	164		BURBRIDGE, Steve		Veteran Men 50	68:32
222		58	KITTLE, Penny	On The Run	Veteran Women 50	68:43
223		59	DARVILL, Sian		Veteran Women 40	69:00
224		60	HYLTON, Rachel		Veteran Women 40	69:07
225		61	PRICE, Angela		Veteran Women 50	69:08
226	165		JACKSON, Warren	On The Run	Veteran Men 40	69:12
227	166		LAKOVIC, Sasha		Veteran Men 40	69:14
228	167		BAXTER, George		Veteran Men 40	70:06
229		62	BEIRNE, Elaine		Senior Women	70:20
230	168		FROW, Jaime		Veteran Men 40	70:27
231		63	DUKE, Jacky		Veteran Women 50	70:53
232	169		FORMICA, Christian		Veteran Men 40	70:53
233	170		TACK, Kevin		Veteran Men 40	71:21
234		64	TOUZALIN, Charmaine		Veteran Women 40	71:25
235		65	GROSSET, Lucie		Veteran Women 40	71:32
236		66	PATE, Emily		Senior Women	71:36
237		67	ARBUCKLE, Nina		Veteran Women 40	71:40
238	171		WARREN, Wayne		Veteran Men 60	71:42
239		68	NORTON, Anne-Lucie		Veteran Women 60	71:46
240		69	SMITH, Lucy		Veteran Women 40	71:51
241	172		HILL, Stan		Veteran Men 50	71:52
242		70	DOGRUEL, Seda		Senior Women	72:29
243		71	FOSTER, Jo		Veteran Women 50	73:56
244		72	IVES, Saskia	Dacorum & Tring	Veteran Women 40	73:56
245	173		EDGE CUMBE, Andrew		Veteran Men 40	74:44
246		73	HOWKINS, Jeanette		Veteran Women 40	75:12
247		74	LAUGHTON, Emma		Senior Women	76:00
248	174		WALKER, David	Chiltern Harriers AC	Veteran Men 70	76:33
249		75	BELSHAM, Fleur		Veteran Women 40	76:50
250		76	JACKSON, Sally		Veteran Women 40	76:50
251		77	MAW, Nora		Veteran Women 50	79:04
252		78	BURROWS, Maggie		Veteran Women 70	82:42
253		79	HOW, Louise		Veteran Women 40	89:59
254		80	HARRIS, Eleanor		Senior Women	89:59
255		81	HILL, Christine		Veteran Women 50	101:36