

CHILTERN HARRIERS A.C.

SHARDELOES

10k

16th SEPTEMBER 2018

LENNONS
SOLICITORS

Gil-Lec
Electrical Wholesalers

ROBSONS

RESULTS

Note: Competitors are eligible for one individual prize only

Men's Race Prize Winners:

Seniors	1st	Charlie May	Vale of Aylesbury AC	37:01
	2nd (V40)	Nicholas Hughes	Chiltern Harriers AC	37:36
	3rd	Aran Davidson	Chiltern Harriers AC	38:03
Junior (U20)	1st	Richard Slade	Chiltern Harriers AC	38:49
Veterans 40-49	1st	Derek Lloyd	Marlow Striders	39:37
Veterans 50-59	1st	Michael Turney	Chiltern Harriers AC	41:58
Veterans 60+	1st	Michael Thompson	Marlow Striders	49:10
Team (4 to score)	1st	Chiltern Harriers	Nicholas Hughes	2nd
			Aran Davidson	3rd
			Richard Slade	4th
			Michael Turney	12th

Women's Race Prize Winners:

Seniors	1st	Jessica Downs		44:23
	2nd (V60)	Lynda Hembury	Tring Running Club	48:27
	3rd	Mairead O'Rourke	Chiltern Harriers AC	48:59
Veterans 50-59	1st	Catherine Holloway	Chiltern Harriers AC	50:45
Veterans 40-49	1st	Christine Burroughs	Chiltern Harriers AC	51:22
Veterans 60+	1st	Oonagh Thompson	Marlow Striders	57:08
Team (3 to score)	1st	Chiltern Harriers	Mairead O'Rourke	3rd
			Catherine Holloway	5th
			Sue Elliott	6th

Fun Team Competition:

Fun Team (4 to score)	1st	Happy Harriers	Matthew Lawrence	62th
			Matt Channer	63rd
			Laura Hayers	74th
			Beth Lang	102nd

Full Team Results

	MEN	Pts.	WOMEN	Pts.	FUN*	Pts
1st	Chiltern Harriers	21	Chiltern Harriers	14	Happy Harriers	301
2nd	Marlow Striders	107	Tring RC	27	Shardeloes Shufflers	358
3rd	Burnham Joggers	173	Marlow Striders	91	The Strange Team	539
4th			Burnham Joggers	96		
5th			Hazlemere Runners	149		

*Fun Teams can be mixed gender and the points score is based on overall finish positions.

SHARDELOES 10k – 16TH SEPTEMBER 2018

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
1	1		MAY, Charlie	Vale Of Aylesbury AC	Senior Men	37:01
2	2		HUGHES, Nicholas	Chiltern Harriers AC	Veteran Men 40	37:36
3	3		DAVIDSON, Aran	Chiltern Harriers AC	Senior Men	38:03
4	4		SLADE, Richard	Chiltern Harriers AC	Junior Men	38:49
5	5		MARRIS, Joel		Senior Men	39:13
6	6		LLOYD, Derek	Marlow Striders	Veteran Men 40	39:37
7	7		HUMPHREY, Andrew	Burnham Joggers	Senior Men	39:48
8	8		BUTLER, Patrick		Veteran Men 40	40:20
9	9		CHILDS, Dean	Burnham Joggers	Senior Men	41:23
10	10		CARPENTER, Mike	Dacorum & Tring	Senior Men	41:27
11	11		MORRIS, Gareth	Wycombe Phoenix Harriers	Senior Men	41:45
12	12		TURNER, Michael	Chiltern Harriers AC	Veteran Men 50	41:58
13	13		CLARKE, Tristan	Headington RR	Senior Men	42:33
14	14		BATES, Steven		Veteran Men 40	42:51
15	15		NORRIS, Stephen	Thames Valley Harriers	Veteran Men 50	42:52
16	16		TAYLOR, Jonathan	Chiltern Harriers AC	Senior Men	43:09
17	17		BYRNE, Owen	Bearbrook RC	Veteran Men 50	43:47
18	18		MOULTON-SMITH, James	Shardeloes Shufflers	Senior Men	43:54
19	19		PINKHAM, Chris	Marlow Striders	Senior Men	44:00
20	20		RAMSELL, Scott		Senior Men	44:07
21	21		SLADE, Jonathan		Senior Men	44:15
22	22		HICKMAN, Andy	Chiltern Harriers AC	Veteran Men 40	44:20
23		1	DOWNS, Jessica		Senior Women	44:23
24	23		COBLEY, Mark		Veteran Men 40	44:39
25	24		MCALISTER, Stephen		Veteran Men 50	44:52
26	25		BEANEY, Matthew		Senior Men	45:17
27	26		HETHERINGTON, Ben		Senior Men	45:17
28	27		BATES, Neil	Chiltern Harriers AC	Senior Men	45:18
29	28		WORSFOLD, Mike	Chiltern Harriers AC	Veteran Men 40	45:21
30	29		HART, Simon		Senior Men	45:46
31	30		WILLCOX, Anthony	Gade Valley Harriers	Senior Men	46:12
32	31		CHRISTIE, Paul	Dacorum & Tring	Veteran Men 40	46:20
33	32		LAWLEY, Kevin		Veteran Men 50	46:29
34	33		HOWELLS, David	Chiltern Harriers AC	Senior Men	46:49
35	34		MCCARTHY, Paul	Chiltern Harriers AC	Veteran Men 40	47:06
36	35		ALEXANDER, Damian	Wycombe Phoenix Harriers	Veteran Men 40	47:41
37	36		SHERFIELD, Will		Veteran Men 40	47:42
38	37		WRIGHT, Tom	Chiltern Harriers AC	Senior Men	48:26
39		2	HEMBURY, Lynda	Tring RC	Veteran Women 60	48:27
40	38		SUMMERS, Richard	Marlow Striders	Veteran Men 50	48:39
41	39		BUCKINGHAM, Daniel		Veteran Men 40	48:43
42	40		BARRETT, Kevin		Veteran Men 40	48:50
43	41		HATTON, Daniel	Vegetarian Cycling & AC	Senior Men	48:54
44		3	O'ROURKE, Mairead	Chiltern Harriers AC	Senior Women	48:59
45	42		HAM, Julian	Leighton Fun Runners	Veteran Men 50	49:04
46	43		BUCKLEY, Phil		Veteran Men 40	49:07
47	44		THOMPSON, Michael	Marlow Striders	Veteran Men 60	49:10
48	45		GREGORY, Brian	The Strange Team / Chiltern Harriers	Veteran Men 40	49:12
49	46		BALLIKAYA, Musa		Senior Men	49:19
50		4	COWPER, Shona	Ealing, Southall & Middlesex	Senior Women	49:25
51	47		WRIGHT, Ed	Chiltern Harriers AC	Veteran Men 40	49:30
52	48		LOVELACE, Phil	Chiltern Harriers AC	Veteran Men 40	49:38
53	49		ROSE, Craig		Veteran Men 40	49:57
54	50		MCCALL, Shane		Senior Men	50:00
55	51		BAKER, Dan	Shardeloes Shufflers	Veteran Men 40	50:11
56	52		SEYFANG, Karl		Veteran Men 40	50:11
57	53		NEWMAN, Andrew		Senior Men	50:12
58	54		SALMON, Jon	Tring RC	Veteran Men 50	50:17
59	55		HORNIBROOK, Alan	Chiltern Harriers AC	Veteran Men 60	50:24
60	56		RICKETT, Luke		Veteran Men 40	50:25
61	57		GAMSA, Adam		Senior Men	50:32
62	58		LAWRENCE, Matthew	Happy Harriers / Chiltern Harriers	Veteran Men 40	50:34
63	59		CHANNER, Matt	Happy Harriers / Chiltern Harriers	Veteran Men 40	50:36
64	60		HART, Peter		Veteran Men 60	50:39
65	61		BAILEY, Michael		Veteran Men 40	50:40
66		5	HOLLOWAY, Catherine	Chiltern Harriers AC	Veteran Women 50	50:45
67	62		BUTTLEMAN, Jim	Leighton Fun Runners	Veteran Men 50	50:46
68	63		PRICE, Rob		Veteran Men 40	50:52

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
69	64		BUSHBY, Paul	Marlow Striders	Veteran Men 50	50:54
70		6	ELLIOTT, Sue	Chiltern Harriers AC	Veteran Women 50	50:57
71	65		ROBERTSON, Iain		Veteran Men 50	50:59
72	66		HEWLETT, Russell	Metros	Veteran Men 40	51:15
73	67		SPEED, Matt		Senior Men	51:17
74		7	HAYERS, Laura	Happy Harriers / Chiltern Harriers	Senior Women	51:19
75	68		WHIFFEN, Sam	Tring RC	Senior Men	51:20
76		8	BURROUGHS, Christine	Chiltern Harriers AC	Veteran Women 40	51:22
77	69		GLENISTER, Neil	Marlow Striders	Senior Men	51:24
78	70		BYRNE, Lee		Senior Men	51:32
79	71		NUNN, Geoffrey		Veteran Men 40	51:40
80	72		BRADLEY, Mikk	Watford Harriers	Veteran Men 60	51:43
81		9	JONES, Nerys		Senior Women	51:51
82	73		MONAGHAN, John	Burnham Joggers	Veteran Men 60	51:52
83	74		BAMFORD, Alex		Senior Men	52:05
84		10	ALEXANDER, Helen	Wycombe Phoenix Harriers	Veteran Women 40	52:10
85	75		SHURLOCK, Nick	Risborough Runners	Veteran Men 40	52:18
86		11	GIBBINS, Hannah	Marlow Striders	Senior Women	52:19
87	76		BOWERS, Tom		Senior Men	52:20
88	77		THOMAS, Mark		Senior Men	52:21
89	78		CONNOR, Paul	Marlow Striders	Veteran Men 50	52:23
90		12	WRAY, Rachel	Tring RC	Senior Women	52:29
91		13	WHIFFEN, Hannah	Tring RC	Senior Women	52:36
92	79		MCCORMACK, Ade	Chiltern Harriers AC	Veteran Men 50	52:37
93		14	HILLS, Alison		Veteran Women 40	53:00
94	80		STALLWOOD, Oliver		Veteran Men 40	53:01
95		15	LAWLEY, Elodie		Senior Women	53:05
96	81		BOLTON, Paul		Senior Men	53:10
97	82		SAUL, David	Chiltern Harriers AC	Veteran Men 50	53:10
98		16	MAYOT, Lauren		Senior Women	53:20
99	83		DANCE, George		Veteran Men 40	53:32
100	84		DRIVER, Mick	Burnham Joggers	Veteran Men 60	53:37
101	85		FEITO MATIAS, Nazareto Vicente	Edmonton RC	Senior Men	53:42
102		17	LANG, Beth	Happy Harriers / Chiltern Harriers	Veteran Women 40	53:52
103	86		KLIKIS, Pani	Chiltern Harriers AC	Veteran Men 50	53:58
104	87		HULL, John		Veteran Men 40	54:16
105	88		MILLS, Steven	Marlow Striders	Senior Men	54:29
106	89		HEWLETT, Matthew		Senior Men	54:33
107	90		EDWARDS, Rik	Chiltern Harriers AC	Veteran Men 60	54:34
108	91		OBERTO, Gianluca		Veteran Men 40	54:36
109		18	SAMMES, Rachel	Burnham Joggers	Veteran Women 40	54:53
110		19	HAYWARD, Sarah	Hazlemere Runners	Veteran Women 40	55:07
111	92		BARROWS, Tony	Bearbrook RC	Veteran Men 60	55:08
112	93		JOHNSON, Guy		Veteran Men 60	55:10
113	94		SMITH, Gary		Veteran Men 50	55:23
114	95		GOODHEW, Paul		Veteran Men 40	55:27
115	96		O'FARRELL, Andy		Veteran Men 50	55:41
116	97		COBB, Russell		Veteran Men 50	56:00
117	98		HUTCHINGS, Martyn		Veteran Men 40	56:19
118		20	RUCZKOWSKI, Julia		Veteran Women 40	56:24
119	99		LEES, Martin		Veteran Men 50	56:27
120		21	ASKEY, Abigail	Chiltern Harriers AC	Veteran Women 40	56:29
121		22	YUNEVA, Mariia		Veteran Women 40	56:45
122		23	THOMAS, Patricia	Ealing, Southall & Middlesex	Veteran Women 50	56:47
123		24	STEPHENS, Caroline	Chiltern Harriers AC	Veteran Women 50	56:54
124	100		ELLIOTT, Gary		Veteran Men 50	57:01
125		25	THOMPSON, Oonagh	Marlow Striders	Veteran Women 60	57:08
126	101		DIGBY, Mark	Burnham Joggers	Veteran Men 40	57:11
127	102		OWEN, Rhys		Veteran Men 40	57:23
128	103		MOSS, Ben		Senior Men	57:23
129	104		POSTON, Toby		Veteran Men 40	57:31
130		26	COSTELLO, Louise	Shardeloes Shufflers	Senior Women	57:37
131	105		MOGETICH, Taras		Senior Men	57:39
132	106		PHILLIPS, Marc		Senior Men	57:56
133	107		SMITH, John		Veteran Men 70	57:58
134		27	MARTIN, Clare		Veteran Women 40	57:59
135	108		VERYARD, Michael		Veteran Men 50	58:07
136		28	ROYALS, Katie	Chiltern Harriers AC	Senior Women	58:16
137	109		KEENE, Oliver	Burnham Joggers	Veteran Men 60	58:21

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
138	110		COLLINGE, Steve		Veteran Men 50	58:46
139		29	WADSWORTH, Sophie		Senior Women	59:00
140		30	PRICE, Gemma		Senior Women	59:05
141	111		HOXLEY, Harry		Senior Men	59:11
142	112		ENSOR, Jeremy		Veteran Men 50	59:17
143	113		PRICE, James		Veteran Men 40	59:21
144		31	DEARMAN, Christine	Watford Harriers	Veteran Women 50	59:25
145	114		FIELD, Steve	Chiltern Harriers AC	Veteran Men 60	59:36
146	115		HYLTON, Ian		Veteran Men 40	59:36
147		32	DAY, Katherine	Chiltern Harriers AC	Veteran Women 50	59:37
148	116		NEWMAN, Luke		Senior Men	59:40
149		33	MCALISTER, Gillian		Veteran Women 50	59:41
150		34	KEMPSON, Miriam	Chiltern Harriers AC	Veteran Women 50	59:44
151	117		GILL, Robert	Chiltern Harriers AC	Veteran Men 70	59:50
152		35	PRIMETT, Claire	Burnham Joggers	Veteran Women 50	59:53
153	118		ROUSE, Simon		Veteran Men 40	60:07
154	119		BRIDLE, Asa		Veteran Men 40	60:09
155		36	GOLDSACK, Sandra	Shardeloes Shufflers	Veteran Women 50	60:14
156	120		ALLPORT, John		Veteran Men 60	60:43
157	121		CORDERY, David	Handy Cross Runners	Veteran Men 50	61:04
158	122		STASIUK, Stefan	Burnham Joggers	Veteran Men 60	61:23
159		37	WEBB, Jennifer	Chiltern Harriers AC	Senior Women	61:23
160	123		APPLETON, Shaun		Veteran Men 50	61:24
161	124		SCOTT, David	The Strange Team	Senior Men	61:30
162	125		BAXTER, George	The Strange Team / Chiltern Harriers	Veteran Men 40	61:37
163		38	BEATTY, Anya		Veteran Women 40	61:41
164	126		QUIGLEY, Martin	Hazlemere Runners	Veteran Men 60	61:47
165	127		HOLMES, David		Veteran Men 60	61:51
166		39	BOOTH, Gemma		Senior Women	61:59
167		40	SWEETING, Karen		Veteran Women 50	62:10
168	128		WARREN, Andrew	The Strange Team	Veteran Men 50	62:11
169	129		ELLERBY, Rob		Senior Men	62:14
170	130		GARRETT, Martin	Sudbury Court RC	Veteran Men 60	62:16
171	131		HILSDEN, Graham		Veteran Men 50	62:18
172		41	LEMON, Harriet	Chiltern Harriers AC	Veteran Women 40	62:19
173	132		ROGERS, Peter	St Albans Striders	Veteran Men 50	62:21
174	133		LAMPORT, Nick		Veteran Men 50	62:23
175	134		RAJU, Raghu		Senior Men	62:32
176	135		HARDMAN, Bob	Burnham Joggers	Veteran Men 70	62:41
177	136		VALENTINE, Ryan		Veteran Men 40	62:44
178		42	MCCALL, Taryn		Senior Women	62:52
179		43	BIRD, Emily	Burnham Joggers	Senior Women	63:01
180	137		HARNETT, Oly		Veteran Men 50	63:03
181		44	MUIZELAAR, Nicky		Veteran Women 50	63:06
182	138		MUIZELAAR, John		Veteran Men 50	63:06
183	139		FRENCH, Conor		Junior Men	63:13
184		45	MARSHALL, Joanne	Watford Harriers	Veteran Women 40	63:17
185		46	SCOURFIELD, Sarah		Veteran Women 40	63:23
186		47	DALY, Helen	Chiltern Harriers AC	Veteran Women 40	64:03
187	140		WILLEY, Alistair		Veteran Men 40	64:12
188	141		JAIN, Ankur		Senior Men	64:19
189		48	FLAHERTY, Leona	Gade Valley Harriers	Veteran Women 40	64:37
190	142		PANT, Manoj		Veteran Men 40	64:38
191		49	FINCH, Tamsin	Chiltern Harriers AC	Veteran Women 40	64:51
192		50	KING, Nicola		Senior Women	65:00
193		51	BATES, Kim	Burnham Joggers	Veteran Women 50	65:06
194		52	PACE, Loredana	Watford Joggers	Veteran Women 40	65:15
195	143		PALMER, Tim		Veteran Men 60	65:29
196		53	DAVIS, Mary	Vegetarian Cycling & AC	Veteran Women 50	65:47
197	144		OWEN, Sion		Senior Men	65:49
198		54	REED, Helen	Headington RR	Senior Women	65:53
199	145		PARKE, Nigel	On The Run Aylesbury	Veteran Men 50	65:58
200		55	SUMMERS, Jean	Marlow Striders	Veteran Women 50	66:01
201	146		UPCRAFT, Dean	Ealing Eagles RC	Veteran Men 50	66:03
202		56	WELSFORD, Louise	Burnham Joggers	Veteran Women 50	66:10
203	147		RANCE, Phillip	Bearbrook RC	Veteran Men 60	66:18
204		57	HOULT, Sophie	Marlow Striders	Senior Women	66:25
205		58	DARVILL, Sian	Watford Joggers	Veteran Women 40	66:49
206		59	GAMSA, Roslyn		Senior Women	66:52
207		60	ALLEN, Barbara	Datchet Dashers	Veteran Women 60	67:12

POS	MEN	WOMEN	COMPETITOR	CLUB / TEAM	CATEGORY	TIME
208		61	BRIGGS, Laura		Veteran Women 40	67:22
209		62	EVANS, Kerry		Senior Women	67:33
210	148		FRENCH, Seamus		Veteran Men 50	67:49
211		63	WHITE, Fleur	Hazlemere Runners	Veteran Women 50	68:10
212		64	LEES, Siobhan		Veteran Women 50	68:16
213	149		WEBB, Matthew	Chiltern Harriers AC	Veteran Men 40	68:25
214	150		HILL, Stan		Veteran Men 50	68:32
215	151		WARREN, Wayne		Veteran Men 60	68:37
216		65	BOWMAN, Kristin		Senior Women	69:02
217		66	REES, Louise		Veteran Women 40	69:26
218		67	ELLERBY, Hayley	Hazlemere Runners	Senior Women	69:37
219	152		MCALISTER, Graham		Veteran Men 60	69:45
220		68	KAHLER-AAGE, Anne		Veteran Women 40	69:47
221	153		PANDA, Surajit	Marlow Striders	Veteran Men 40	69:56
222		69	COBB, Karen		Veteran Women 40	70:44
223		70	ADAPA, Rama		Veteran Women 40	70:48
224	154		TACK, Kevin		Veteran Men 40	71:05
225	155		LEWIS, Philip	Chiltern Harriers AC	Veteran Men 70	71:12
226		71	STALLWOOD, Jackie	Datchet Dashers	Veteran Women 70	71:14
227		72	HYLTON, Rachel		Veteran Women 40	71:21
228		73	CUMINI, Meggie	Maidenhead AC	Veteran Women 40	72:11
229	156		SIMMONS, Jack		Junior Men	72:43
230		74	SHEPHERD, Rachel		Veteran Women 40	72:58
231		75	HEWITT, Gillian		Senior Women	73:16
232		76	BRADSHAW, Miranda		Senior Women	73:40
233	157		SIMMONS, Mark		Veteran Men 50	73:51
234	158		BURBRIDGE, Steve		Veteran Men 50	73:54
235	159		SINGH, Sukjit	Burnham Joggers	Veteran Men 50	76:15
236	160		WATSON, Alan	Burnham Joggers	Veteran Men 70	76:29
237		77	LORD, Mary	Burnham Joggers	Veteran Women 50	76:29
238	161		WALKER, David	Chiltern Harriers AC	Veteran Men 70	82:31